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Jim Fernandez MD Physical Medicine

Dr. Jim Fernandez is a board-certified specialist in Physical Medicine and Rehabilitation (PM&R) and Electrodiagnostic Medicine, offering nonsurgical solutions for neck, back, and musculoskeletal issues. A San Antonio native, he earned his medical degree from Texas Tech and completed his PM&R residency at UT Health San Antonio.Dr. Fernandez specializes in conservative treatments, EMG/nerve studies, and interventional spine injections. After practicing in Dallas for five years, he joined Austin Sports Medicine to continue helping patients restore function and live pain-free.

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