

Medications to Stop 5 (FIVE) days prior to Allergy Skin Testing * Disclaimer: If you need a particular medication on this list per your doctor's recommendations, please do NOT stop it. Instead, we can order LAB testing.**

BETA BLOCKERS should be stopped under your doctor's authorization and supervision THREE days prior to skin testing **

List of antihistamines:

Doxylamine
Zzzquil (regular and ultra)
Claritin
Desloratidine
Loratidine
Clarinex
Allerga
Allegra-D
Fexofenadine
Cetirizine
Zyrtec
Xyzal
Levocetirizine
Benadryl
Diphenhydramine
Pepcid
Zantac
Famotidine
Ranitidine
Nyquil
Tylenol cold and sinus
Motrin cold and sinus
Dimetapp
Hydroxyzine
Doxepin (sinequan)
Atarax
Astelin
Astepro
Patanase
Olopatadine
Antihistamine eye drops (Bepreve, Pataday, Elestat, Zaditor, Alway)