

Name: Patient Test
DOB: 01/01/1962

PID: 6862727

PET Scan - McKelvey

You are scheduled for a PET scan at 3550 McKelvey Rd, Bridgeton, MO 63044 on _____ at _____ A.M./P.M.

A PET scan is an imaging test that allows your doctor to check for diseases in your body. The scan uses a special dye administered through an IV. The dye will help your doctor to see how well your organs and tissues are working. The PET scan can measure blood flow, oxygen use, glucose metabolism (how your body uses sugar), and much more.

During your test you will lie on a narrow, motorized table that slides through an opening into a tunnel. The tunnel is shaped like a large doughnut standing on its side. Straps and pillows may be used to help you stay comfortable and in position. If you are having a head scan done the table may be fitted with a special cradle that will hold your head still.

While the table moves you into the scanner, the X-ray tube will rotate around you. Each rotation yields several cross-sectional images, like slices, of the inside of your body. You may hear buzzing, clicking and/or whirring noises, this is normal.

A technologist in a separate room can see and hear you the entire time. You will be able to communicate with the technologist via intercom. The technologist may ask you to hold your breath at certain points to avoid blurring the images

***** Please inform the technician BEFORE your test if you are pregnant, breastfeeding or suspect you may be pregnant. *****

Instructions:

- Drink plenty of water the day before the exam.
- Wear warm, comfortable clothing free of metal zippers, snaps, etc. You may bring a change of clothing and a pair of warm socks. Underwire bras must be removed. Hooks on regular bras are fine.
- Do not take medicines that contain sugar, such as cough syrup or throat lozenges.
- Do not engage in strenuous activities, heavy lifting or exercising for 24 hours before your exam. A lot of muscle activity can interfere with the results of the exam.
- Do not chew gum or candy.
- Please bring any previous PET or CT images and report with you to your exam. If you need help obtaining these images, please let the office know and we will try to assist you.

***Non Diabetic patients:**

-Do not eat or drink anything except water for at least six hours before the exam. Do not chew gum or candy.

***Diabetics patients:**

- Please eat a low carbohydrate diet for 24 hours before to the exam. 4 hours prior to the exam, do not eat or drink anything except water.
- Do not take insulin or your diabetes medicine on the morning of your exam. We will schedule an early morning appointment for you and you can take your diabetes medicine after your scan.
- You may take other medicines (only with water) on the day of the exam, unless your doctor tells you not to take them.
- Check your sugar before you come. If it is over 200 please call the office at 314-741-0911, ext. 4221, as your test might need to be rescheduled.