

Name: Patient Test

PID: 6862727

DOB: 01/01/1962

Coronary Calcium Score Instructions and Information

You are scheduled at 3550 McKelvey Rd, Bridgeton, MO 63044 on _____ at _____ A.M./P.M.

Your physician has ordered a coronary artery calcium score test. This test is designed to specifically look at the arteries in your heart to check for disease which may exist without symptoms. This exam is performed on a CT scanner and involves minimal radiation.

This test is not covered by insurance. There is a \$99 fee that is due at the time of service.

Please wear comfortable clothing to your appointment. Clothing with any type of metal over your chest will need to be removed (including underwire bras). Otherwise, all clothes may remain on during your exam.

Please continue to take all of your prescription medications the day of your CT.

When you arrive, you will be asked to fill out a short screening questionnaire. A 3 lead EKG will be placed on your chest to assess your heart rate. Your heart rate will be monitored during the test. Once your EKG is connected, the actual Calcium Score test goes very quickly. You will lie on your back on the CT scanner table with your arms above your head, resting on a pillow. You will hear a voice ask you to take a breath and hold it. This is VERY IMPORTANT. Breathing motion will compromise the results of your test. The longest you would be asked to hold your breath would be approximately twenty (20) seconds.

There are no restrictions after the Calcium Score. Your results will be sent to your physician and may be discussed at your follow up appointment.

If you have any further questions regarding this test, please call 314-218-9656.