



## Post-Operative Guidelines for PRK Patients

### For the first week following your procedure:

- You may experience moderate discomfort, light sensitivity, burning/stinging, tearing and blurred vision
- DO NOT rub the treated eye(s)
- DO NOT remove contact lenses, they will be removed 5-7 days after surgery
- NO eye makeup
- NO swimming, hot tubs or tanning
- Avoid dirty, dusty environments
- Wear eye shields when sleeping
- Wear sunglasses when outdoors



### PRED FORTE (Generic: Prednisolone Acetate) (*SHAKE BOTTLE*)

One Drop **4** Times Daily (Breakfast/Lunch/Dinner/Bedtime) -  
until instructed to discontinue use by the doctor.

**Wait five one minute then...**

### ZYMAXID (Generic: Gatifloxacin)

One Drop **4** Times Daily (Breakfast/Lunch/Dinner/Bedtime) -  
until instructed to discontinue use by the doctor.



### PROLENSA

**One drop 2- X daily as needed**

One Drop **1** Time Daily for first 3-5 days

## INSTRUCTIONS FOR MEDICATION USE AFTER CONTACT LENS REMOVAL

### Post-Operative Guidelines for PRK Patients AFTER BANDAGE CONTACT LENS

#### REMOVAL

FML One drop 4 Times Daily for Two Weeks

One drop 2 Times Daily for Two Weeks

One drop Daily for Two Weeks



#### REFRESH ARTIFICIAL TEARS

One Drop 4-6X Times Daily (Breakfast/Bedtime) -

Until instructed to discontinue use by the doctor.

Patient Signature: \_\_\_\_\_

Call (973) 325-3475 if you have any questions or Dr. Fox's cell phone at (917) 207-3147