Post-Operative Guidelines for PRK Patients

For the first week following your procedure:

- You may experience moderate discomfort, light sensitivity, burning/stinging, tearing and blurred vision
- DO NOT rub the treated eye(s)
- DO NOT remove contact lenses, they will be removed 5-7 days after surgery
- NO eye makeup
- NO swimming, hot tubs or tanning
- Avoid dirty, dusty environments
- Wear eye shields when sleeping
- Wear sunglasses when outdoors

**PRED FORTE** (Generic: Prednisolone Acetate) *(SHAKE BOTTLE)*

One Drop 4 Times Daily  (Breakfast/Lunch/Dinner/Bedtime) -

until instructed to discontinue use by the doctor.

Wait five one minute then...

**ZYMAXID**  (Generic: Gatifloxacin)

One Drop 4 Times Daily  (Breakfast/Lunch/Dinner/Bedtime) -

until instructed to discontinue use by the doctor.

**PROLENSA**

One drop 2- X daily as needed

One Drop 1 Time Daily for first 3-5 days
INSTRUCTIONS FOR MEDICATION USE AFTER CONTACT LENS REMOVAL

Post-Operative Guidelines for PRK Patients AFTER BANDAGE CONTACT LENS REMOVAL

**FML** One drop 4 Times Daily for Two Weeks

One drop 2 Times Daily for Two Weeks

One drop Daily for Two Weeks

**REFRESH ARTIFICIAL TEARS**

One Drop 4-6X Times Daily (Breakfast/Bedtime) –

Until instructed to discontinue use by the doctor.

Patient Signature: ______________________________________________________________________

Call (973) 325-3475 if you have any questions or Dr. Fox’s cell phone at (917) 207-3147