

Combined PRK and KAMRA

What to Expect

We have elected to correct both your distance and near acuity in a combined procedure. You will notice that your two eyes are likely to progress at different rates with you distance eye regaining clarity earlier than your combined PRK/KAMRA eye.

Week One-

You will maintain antibiotic, anti-inflammatory rewetting and Restasis drops in both eyes. By day two you will notice your distance vision eye clearing and will begin to notice reading slowly coming into focus in your KAMRA eye as your corneal surface heals. Lubricate aggressively with artificial tears to improve your near acuity. Distance vision on the KAMRA side will seem milky and blurred at this time. Your bandage contact lens will be removed on day 5 after surgery.

Week Two-

Antibiotic and anti-inflammatory drops may be discontinued in the distance eye. Maintain lubrication at least 4x daily and Restasis 2x daily moving forward to encourage healing. Distance eye vision is clarifying even further.

In your KAMRA eye you may discontinue the antibiotic drop but maintain the anti-inflammatory drop at twice daily for an additional week along with lubricants and Restasis drop. Reading is getting less blurry although you will still need considerable light to read well. The distance vision in the KAMRA eye is beginning to slowly clear.

Week Three-

Strong anti-inflammatory drops in your KAMRA treated eye can be discontinued. A weaker anti-inflammatory either FML or Lotemax will be substituted at a 4x daily frequency along with lubricants and Restasis.

Weeks Four to Six-

Anti-inflammatory drops are tapered down to maintenance in your reading eye guided by your scatter measurement. Distance is improving.

**READ WITH GOOD
LIGHT AND
SUPPLEMENTED TEAR
FILM**

