



## BRIGHT EYES PROCEDURE Informed Consent

The Bright Eyes procedure or Conjunctivoplasty consists of the unilateral or bilateral surgical removal of unsightly congested or discolored conjunctiva designed to improve the cosmetic appearance of the eye.

The conjunctiva is the clear membrane which covers the sclera or white part of the eye. It can often become cosmetically unsightly due to environmental exposure or chronic irritation from allergies or chronic irritants. It has the unique characteristic of being able to regenerate itself following removal allowing for a distinct improvement in the appearance of the eye.

In giving your consent to this procedure you must understand the following:

- 1) The procedure can be followed by 10-14 days of irritation, foreign body sensation and tearing—all common after the surgery and self limited.
- 2) The procedure is commonly followed by a small amount of bruising due to mild bleeding which is always encountered after conjunctival surgery. This will usually pass in 2 weeks.
- 3) Occasionally there can be a persisting cosmetic appearance issues due to rare incomplete or poor healing. This may necessitate an enhancement procedure.
- 4) In the aftermath of surgery your eyes may feel dry, sandy sandy or gritty due to dryness. This will pass with healing over the first 3-4 weeks during which medications will be prescribed to treat and alleviate the symptoms.
- 5) The procedure can rarely be associated by limited hemorrhage resulting in a red eye appearance which will pass as the eye heals.
- 6) The procedure can rarely be associated with post operative infection. Antibiotics will be prescribed before during and after your procedure to prevent this eventuality.
- 7) The procedure can be associated with eyelids swelling that could rarely create transient or permanent lid issues known as ptosis which under rare circumstances could require surgical correction
- 8) The procedure will be performed under topical eye drop anesthesia. Most patients are completely comfortable but an occasional patient may require supplemental analgesics taken by mouth.

I understand that as it is with all cosmetic procedures outcomes can vary due to elements out of the control of my surgeon or the center facility and that as it with all cosmetic procedures there are no guarantees of a predictable surgical outcome.

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Patient.

Date

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Martin L. Fox, MD

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Witness