



ADVANCE BIOMEDICAL TREATMENT CENTER

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MILD HYPERBARIC OXYGEN THERAPY (mHBOT) OFFICE POLICIES

We have adopted the following policies for HBOT sessions in our Center.

- Please arrive at least 30 minutes prior to your therapy session.
- All persons receiving treatment must have a prescription from a licensed physician prior to beginning therapy.
- Caregivers who wish to accompany a patient in the chamber must complete a separate Informed Consent form, and be cleared from any contraindications to being inside the chamber.
- Please bring a clean bedsheet and a pillow so you may be comfortable inside the chamber.
- An oxygen mask will be provided. Patients are responsible for the care, cleaning, and storage of their own oxygen mask. Please bring a plastic bag (Ziploc) to store your oxygen mask for reuse in your next dive. Properly label the bag.
- To minimize fire hazards in the chamber:
 - **Do not use any perfume/cologne**, oils, lotion (after-shave, body), hair spray, nail polish, and petroleum-based products (such as Vaseline) prior to therapy session.
 - **No electronic equipment** (e.g. cell phones, laptop, mp3 player, electronic games, watch, etc) will be allowed in the chamber. Reading a book/journal is allowed in the chamber.
 - Do not take any flammable items (such as lighters, matches) into the chamber.
- **No food or drink** allowed inside the chamber. (Exception: A sippy-cup for small children will be allowed to help open the ear duct when the pressure rises.)
- Please do not bring jewelry or other valuables to the chamber.
- Please call the office at least 24 hours prior to your session if you need to cancel/reschedule.

In full knowledge of the afore-mentioned statements, I understand and will abide by the policies.

Patient Name / Signature

Date

Parent/Legal Guardian Signature, if patient is a minor