

SANCTUARY

DERMATOLOGY

Proper post-care is essential to achieving optimal results from your treatment. If there are any outstanding questions after reading the information below, please do not hesitate to call us at (504) 454-2997.

LASER GENESIS PRE TREATMENT INSTRUCTIONS

- Do not wear makeup on the day of treatment.
- Shave area to be treated if applicable. Men should be cleanly shaved.
- No sun-tanning or self-tanners 4 weeks prior to treatment. Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, retinoids, etc.)
- Please discuss with the physician and/or nurse any medications you are currently taking as well as any health concerns you may have prior to your treatment.
- History of herpes or cold sores may require an antiviral prescription prior to treatment.

LASER GENESIS POST TREATMENT INSTRUCTIONS

After treatment, please be aware and observe the following:

- Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage.
- Avoid heat – hot tubs, saunas, etc. for 1-2 days.
- Avoid skin care products such as containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, etc.
- Notify us of any concerns (blistering, excessive redness/swelling, etc.).

