

Absolute Dermatology & Skin Cancer Center

5207 Hickory Park Drive, Suite A, Glen Allen, VA 23059 7300 Ashlake Parkway, Suite #102, Chesterfield, VA 23832 T: (804) 326-4448 F: (309) 326-4947 www.absolutedermya.com

After Suture Removal:

- Continue to protect surgical site-the scar is at only 5% strength.
- A bandage is optional at this time.
 - o If wearing a bandage, then apply liberal amount of Vaseline directly to surgical site and cover with bandage once daily for the next two weeks.
 - o If NOT wearing a bandage, then apply liberal amount of Vaseline 3-5 times daily directly to surgical site for the next two weeks.

Do not scrub or aggressively clean surgical site.

What to expect: residual redness, swelling, firm scar, lumpiness-which will go away overtime. You can start to gently massage scar with Vaseline 2 weeks after your sutures are removed.



Absolute Dermatology & Skin Cancer Center

5207 Hickory Park Drive, Suite A, Glen Allen, VA 23059 7300 Ashlake Parkway, Suite #102, Chesterfield, VA 23832 T: (804) 326-4448 F: (309) 326-4947 www.absolutedermva.com

After Suture Removal:

- Continue to protect surgical site-the scar is at only 5% strength.
- A bandage is optional at this time.
 - o If wearing a bandage, then apply liberal amount of Vaseline directly to surgical site and cover with bandage once daily for the next two weeks.
 - o If NOT wearing a bandage, then apply liberal amount of Vaseline 3-5 times daily directly to surgical site for the next two weeks.

Do not scrub or aggressively clean surgical site.

<u>What to expect:</u> regarding redness, swelling, firm scar, lumpiness-which will go away overtime. You can start to gently massage scar with Vaseline 2 weeks after your sutures are removed.