

PROCEDURE INSTRUCTIONS MAIN OFFICE # 214-919-4635

Dr. Gonzalo Gonzales
Board Certified in Pain Medicine
Board Certified in Physical Medicine & Rehabilitation

There are several medications that **MUST NOT** be taken prior to your procedure.

Medications that must be stopped for 7 DAYS prior to your scheduled procedure:

ASPIRIN	COUMADIN (WARFARIN)	INDOCIN	GINSENG
ANACIN	ECOTRIN	PERCODAN	XARELTO (RIVAROXABAN)
AGGRENOX (DIPYRIDANOLE)	EXCEDRINE	PLAVIX	PRADAXA (DABIGATRAN)
BUFFERIN	GINKO BALOBA	SALICILATE/FISH OIL	OMEGA 3 Fatty Acids
TICLID	GARLIC	BC POWDER	EFFIENT
BRILINTA (TICAGRELOR)	GINGER		

Medications that must be stopped for 3 DAYS prior to your scheduled procedure:

ADVIL (IBUPROFEN)	MOTRIN (IBUPROFEN)	TRILISATE PIROXICAM	
ALEVE (NAPROXEN)	VICOPROFEN	CELEBREX NABUMETONE	
LODINE (ETODOLAC)	NAPROSYN (NAPROXEN)	VOLTAREN TOLMETIN	
MELOXICAM (MOBIC)	DAYPRO (OXAPROZIN)	DICLOFENAC	INDOMETHACIN

Medications that must be stopped for 12 HOURS prior to your scheduled procedure:

HEPARIN	LOVENOX
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Diabetic Patients: If you are insulin only- Take 1/4 of your usual diabetic medications until AFTER your procedure. **If on ORAL medications-** Take ½ of your usual diabetic medications until AFTER your procedure. If you are diabetic, you may have small sips of juice without PULP to keep your blood sugar from dropping.

If you are scheduled before 1pm, please have nothing to eat/drink after midnight the night before your scheduled procedure. If you are scheduled after 1pm, please have nothing to eat/drink 8 hours prior to check in before your scheduled procedure. You may have SMALL sips of water if absolutely necessary, or if you need to take approved medications such as high blood pressure or prescription pain medications. If you take high blood pressure medications, please DO NOT skip any doses. Please be sure to let staff/anesthesia know of any/all medications you have taken when you check in for your scheduled procedure.

YOU MUST HAVE A DRIVER WITH YOU IF YOU ARE HAVING SEDATION/ ANESTHESIA FOR YOUR SCHEDULED PROCEDURE. THIS PERSON MUST HAVE A VALID DRIVER'S LICENSE AND BE WILLING TO STAY WITH YOU FROM CHECK IN, UNTIL YOU ARE DISCHARGED FROM THE FACILITY. NO TAXI'S PERMITTED. Please make sure you have your insurance card, and a valid ID @ check in for procedure.

DRIVER MUST BE PRESENT FROM CHECK IN TIME THROUGH DISCHARGE TIME OR YOUR PROCEDURE WILL BE RESCHEDULED

- ❖ Please give 24 hour notice when cancelling a procedure.
- ❖ Please be aware that procedures can incur physician, anesthesia, and facility charges. Your insurance will be verified and the office will contact you to review estimated copays before your scheduled procedure
- ❖ You will also receive a phone call to confirm your check in time the day before your scheduled procedure. Sometimes schedules are adjusted last minute due to cancellations.
- ❖ **All physician portion copays/ coinsurance payments must be collected prior to your procedure. We are unable to make any payment plans.**
- ❖ If your insurance requires a prior authorization, and for any reason we are not able to obtain approval prior to your procedure, the office will contact you to reschedule to a later date.

Procedure Location:

- **Dr. Gonzales office- 6957 West Plano Parkway, Suite # 2100, Plano, TX. 75093**
- **Plano Surgical Hospital – 2301 Marsh Lane, Plano, TX. 75093**

Dr. Gonzales surgery scheduler will review your insurance and the requested procedures to determine what facility the procedure will need to be scheduled at and contact you to schedule once this has been reviewed. For any questions regarding RX medication, MRI/ imaging, or follow up visit related questions, please contact the medical assistants (Donna @ 469-925-3133, or Britni @ 469-925-3115. Please contact Kells @ 469-925-3132 for any surgery/ injection scheduling questions Monday - Thursday 8:00am-4:30pm.

For all urgent questions please call the main office # 214-919-4635 and ask to get a message to Dr. Gonzales office.