

## MK-677 (Ibutamoren): Muscle Booster Peptide

MK-677 (also known as ibutamoren) boosts your levels of growth hormone (GH) and insulin-like growth factor 1 (IGF-1) by activating the ghrelin receptor in your body. This allows for a wide array of benefits in the brain regions controlling appetite, pleasure, mood, biological rhythms, memory, and cognition, without affecting your cortisol levels. This makes MK-677 the perfect candidate for treatment for muscle growth and body composition improvement, improved sleep, and anti-aging properties.

Clinical studies have shown plenty of benefits, such as MK-677 increases lean body mass, transiently increases basal metabolic rate (BMR), supports bone turnover, promotes bone building (as measured by osteocalcin levels), strengthens bone mineral density, improves sleep quality and REM (rapid eye movement) sleep duration, and boosts GH and IGF-1 levels.

### Benefits of MK-677

The oral form of MK-677 leads to a vast range of mental and physical benefits which include:

- Muscle growth
- Increased energy and vitality
- Improved sleep quality
- Better bone density
- Improved energy in the body
- Anti-aging properties
- Enhance strength and vitality during exercise
- Improved focus
- Increased memory power
- Higher well-structured thinking