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*Gastroenterology, Hepatology & Obesity Medicine
Diagnostic, Therapeutic, and Bariatric Endoscopy*

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CAPSULE ENDOSCOPY PREP

Your Small Bowel Capsule Endoscopy is scheduled on:

_____ at _____

You will be on a modified diet the day before your exam. You may have a light breakfast the day prior to your exam. Starting at noon the day before your exam you will start your clear liquid diet: juice, water, broth, Jell-O, popsicles, coffee, tea or soda. NO RED OR PURPLE COLOR LIQUIDS.

The evening before the exam you will begin to drink the Nulytely prep at approx. 5 p.m. (you may adjust this time to fit your schedule- plus or minus an hour). Start by drinking 8 oz. of the prep every 20 minutes until the jug is gone. You may still have clear liquids until midnight. Do not have any liquids after that time except to take your medications in the morning. Take any necessary medications 2 hours prior to your arrival or 2 hours after the ingestion of the capsule.

You will be in our office for about 15 minutes the morning of your exam. You will then leave our office and come back at the end of the day to take off the recorder. You do not need a driver, as this exam does not involve sedation.

****Please be advised, if you are taking any Iron Supplements, you will need to discontinue the medication 5 days prior to your exam.**