
PRE-PROCEDURE INSTRUCTIONS

1. Notify your doctor or staff member if you may be pregnant, if you are allergic to x-ray dye, latex, medications, have a history of heart attack, stroke, diabetes, pacemaker/defibrillator.
2. If you develop a cold, cough, fever, are on antibiotics or other health problems, notify the clinic staff and your primary care physician prior to the procedure.
3. Wear loose and comfortable clothing.
4. Bring your medications in their original containers.
5. If you take blood pressure or heart medications, take your regular dose as usual with a small sip of water.
6. Diabetic medications, oral or insulin, needs to be directed by your prescribing physician. Keep in mind that steroid medications can increase blood sugar levels.

If your procedure is being done with sedation (oral or IV anesthesia):

7. Do not eat anything 8 hours prior to your procedure. This includes chewing gum, mints, and chewing tobacco.
8. Do not drink any water or other clear liquids 4 hours prior to your procedure.
9. You must arrange for a responsible adult to accompany you home after your procedure. Please note that your procedure may be canceled if you do not have a driver.

Recommend diabetic patients be scheduled for procedures prior to 12 PM if possible.

10. Do not consume any aspirin products 7 days before your procedure.
11. Stop all anti-inflammatory medications 24 hours before your procedure.
12. Please inform us if you are on anti-coagulation blood thinner medications. You will need to be completely off the medication for a certain number of days. You will need to receive permission from your cardiologist to stop your medications. If you cannot stop your medications, the procedure may not be done.

Name of Medication: _____

CANCELLATIONS WITHIN 24 HRS OF YOUR APPOINTMENT WILL BE CHARGED A \$150 FEE.

Please call the office at 281-868-7246 if you have any questions or concerns.

Patient's Name

Date and Time