

NEWSLETTER LAS POSITAS FAMILY DENTAL

AUGUST 2020 | MEET DR. MIKE & DR. MEMON



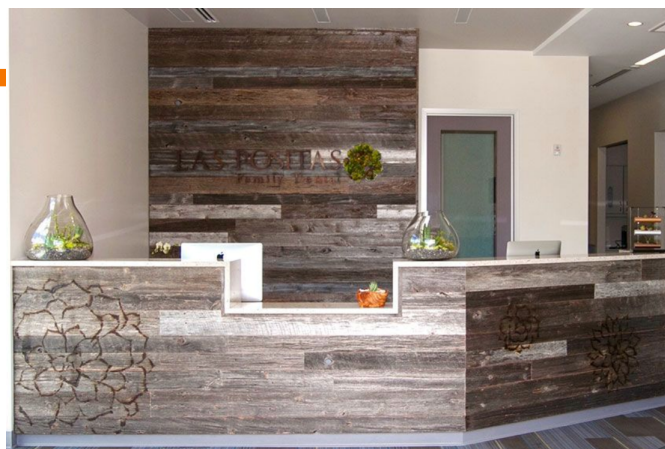
@laspositasfamilydental

To Our Las Positas Dental Family,

We hope you are staying safe and well during the pandemic. Our team is back and doing great. We truly missed each other and being at the office. We opened in June and started things slowly to gauge the spread of the virus and its impact in our community, to reevaluate our protocols, and to ease the transition of our team; reopening was something we did not want to rush into.

During this time, we found two amazing doctors to join our team, Dr. Mike and Dr. Memon. Their kindness and drive to care for patients with compassion and integrity made them a great fit for our offices. They also bring to us experience and skills in implantology, oral surgery, and endodontics. Their biographies can be found on the next page so you can get to know them. Dr. Mike will work primarily in our Fremont location.

If you feel comfortable coming in for your routine dental cleaning and/or are seeking treatment, we are available to see you! In the past couple months, we witnessed how essential our role is in preventative dental care. There has been an increase in gum and dental issues since a majority of our patients are overdue for their dental checkups and cleanings. Please refer to our website or social media accounts for information on how we are handling COVID-19 and appointment instructions about what to expect after you schedule your next visit. We look forward to seeing you!

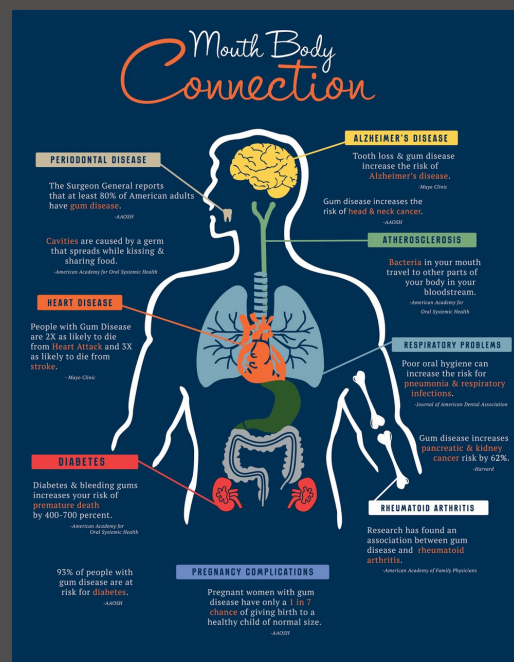


Dentistry is essential healthcare.

Recently, the World Health Organization made the recommendation to delay "routine" dental care during the pandemic. Under guidance from the Center of Disease Control and Prevention, the CA Department of Public Health, the CA Dental Association, American Dental Association, and local public health authorities, dental offices are able to safely practice dentistry during the pandemic with the right protocols and equipment in place. Both our offices in Fremont and Livermore are equipped to protect our team and safely see patients. Our clinical team members have passed N95/KN95 mask fit tests and UVC air filters have been installed in our operatories. These are a couple things we have done to assure the safety of our team and patients. More information about the precautions we are taking can be found on our website, Facebook or Instagram.

With our patients returning for delayed treatment and cleanings, we have already seen an increase in gum disease and dental issues. Delaying dental services not only negatively impacts our patients' oral health, but their overall health. This relationship is called the oral systemic link. If we are unable to provide care to our patients, they are at higher risk for having or exacerbating other health related issues like heart disease, diabetes, Alzheimer's or pre-term low birth weight babies. More information can be found online on ada.org, perio.org, mayoclinic.org or a report by the US Surgeon General at hhs.gov.

We are confident in the precautions we are taking to care for our patients, our team, and the community. We are here and ready to care for you when you are comfortable. We hope you find peace knowing we are doing so safely.



OUR FREMONT LOCATION MOVED!

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DR. MICHAEL NGUYEN

Dr. Michael Nguyen is the youngest of four brothers who grew up in San Jose. He completed his undergraduate studies at the University of California, Davis and completed his dental degree at Midwestern University in Arizona.

Dr. Mike's passion for dentistry ignited on a dental expedition trip to Liberia, Costa Rica, where he provided free dental services, supplies, and knowledge in underprivileged and impoverished areas. Two health expeditions later, Dr. Mike found himself at Midwestern University in Glendale, Arizona, where he completed his masters in biomedical science and his doctorate in dental medicine. He loves dentistry because it afforded him the ability to empower and lift people up with his knowledge and clinical skills. He enjoys the teaching and teamwork aspects of dentistry, where he can help make his work environment and experience creative, collaborative, and fun. He finds joy in education, relationships, and community. He believes that is what dentistry is all about, and that's why he loves it.

In his spare time, Dr. Mike enjoys playing basketball, hiking, and camping in national parks. He is a huge Bay Area sports fan. He listens to podcasts and reads books by life performance coaches like Tony Robbins and Tim Ferris. He is known as "Uncle Michael" to two beautiful boys, Dat and Hunter, and one mischievous dog named Basil.



DR. RABIA MEMON

Dr. Rabia Memon is originally from Chandler, Arizona where she earned her bachelors degree in psychology at Arizona State University and graduated from Midwestern University College of Dental Medicine. From there, she pursued an Advanced Education in Dental Medicine through the NYU Langone Program in Michigan. She recently moved to the Bay Area with her husband and resides in Fremont.

Growing up, Dr. Memon always enjoyed going to the dentist because of the positive impact it had on her. This initially sparked her interest in dentistry. She strongly believes that dentistry is multi-faceted and that helping people improve their oral health and smile has a huge impact on not just their physical health but their confidence and happiness. That's why she loves dentistry. Making people happy makes her happy. Dr. Memon believes *"the difference you can have on people's self-esteem and confidence is truly one that is life-long."* Dr. Memon puts the patient's overall well-being as her number one priority and strives to deliver the highest quality dental care. She is very compassionate, a great listener, and treats patients in a way that will make their experience comfortable. One of the most rewarding aspects of dentistry to her are the meaningful relationships that can be built with patients over time.

Aside from dentistry, one of her major passions is traveling the world and experiencing different cultures. In her spare time, she enjoys cooking, staying active, exploring nature, shopping, and spending time with friends and family.