



Before your initial consultation, please complete the New Patient Information Form and bring your **insurance cards** and a **photo ID**. Also, bring your **current distance and reading glasses**.

If you are diabetic, bring your most recent blood sugar and Hemoglobin A1C results (diabetic tests managed by your PCP). We will discuss your family history of eye disease, current medications, and medical history.

WHAT TO EXPECT

Your initial visit at the Cataract and Vision Center of Hawaii will last about an hour and a half and may include a comprehensive eye evaluation. Your eyes may be dilated, and your vision can become blurred for three to four hours. The effects of dilation may potentially include difficulties reading, using a computer, and sensitivity to light. Please wear sunglasses while outside.

Prior to seeing your doctor, a technician will perform a series of tests to evaluate the quality of your vision and any existing conditions:

- Visual acuity: Clarity of your vision. 20/20 visual acuity means you can read the same as a person with perfect vision at twenty feet. 20/40 visual acuity means that the smallest letters you can read at 20 feet, are the same as a person with perfect vision at 40 feet.
- External examination: The technician will briefly examine the alignment of your eyes, function of the pupils, and the surface of the eye and lids.
- Intraocular pressure: Excessive pressure in the eye can cause damage to the nerves in the eye & can be a sign of glaucoma.
- Optical Coherence Tomography (OCT), Visual Fields, and Photography: The technician may perform diagnostic testing, as recommended by your physician, to aid in treatment and care.
- Retinal exam: The doctor will examine the back and periphery of your eyes, looking for abnormalities or any areas that may need to be treated.

INSURANCE AND FEES

We participate with most insurance plans. Some insurances require a referral from your primary care provider to provide coverage for your visit. Please verify that your insurance is up-to-date and that you are eligible. A staff member may assist you in reviewing your coverage plan. If you are uninsured, we can provide an estimate for the office visit and discuss payment options.

Some insurance plans will cover the total cost of your office visit and/or surgery; some plans will only cover part of it. You will be asked to pay the difference at the completion of your visit. We accept cash, check, AMEX, MasterCard, Visa and Discover.

Ultimately it is your responsibility to be informed of your insurance benefits. This includes deductible information, copayment, and co-insurance. There are many insurance plans, and they can often change their policies. Though our staff is quite knowledgeable, there are too many plans and too many policies to know them all. Please call the phone number on the back of your insurance card if you have questions regarding your insurance benefits. You are responsible for paying all charges not paid by your insurance.

Mahalo for choosing the Cataract and Vision Center of Hawaii!