Z-ROC DERMATOLOGY
Medical, Aesthetic and Surgical Specialists

Post-Operative Wound Care Instructions

Today you had the following procedure:

- ☐ Excision
- ☐ MOHS

Follow the wound care directions below:

1. Remove the **pressure bandage** applied in the office after 24 hours. Do not get the bandage wet.
2. Cleanse the area with Hibiclens® (available over the counter at the pharmacy)
3. Apply a generous amount of the prescribed antibiotic such as mupirocin, gentamicin, etc. so it covers the treated site.
4. Apply a dry, sterile bandage to cover the area.
5. Repeat these steps twice a day until the site heals (about 2-3 weeks). Lower extremities can take longer to heal.
6. For excessive discomfort or pain you can take an over the counter pain reliever such as Tylenol® or Advil®

If you are experiencing bleeding or yellow/green discharge, or you're concerned about your post-op site, then you can text our office a picture to be evaluated to determine if further intervention is needed.

You should refrain from any heavy lifting, exercising, or beach/pool to avoid your incision opening or a skin infection occurring until after your sutures are removed.

Patient Specific Notes:

- ☐ You have a wound check in _____ days
- ☐ Your sutures will be removed in _____ week(s)
- ☐ You were prescribed an oral antibiotic
- ☐ _____
  _____
- ☐ _____
  _____

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