

Laser Hair Reduction

The Palomar Icon® is an intense pulse light laser that is used to permanently reduce hair growth. The laser emits a light that is absorbed by pigment (melanin) in the hair. The light energy is converted to heat, which damages the tube-shaped sacs within the skin (hair follicles) that produce hairs. This damage inhibits or delays future hair growth.

Laser Pricing by Area

Area	Price per treatment	Prepaid Package of 6	Time Interval between treatments
Upper Lip and Chin	\$100	\$499	4 WEEKS
Full face or neck	\$200	\$999	4 WEEKS
Armpits	\$150	\$749	4-6 WEEKS
Upper or lower arms	\$250	\$1249	4-6 WEEKS
Areolas	\$100	\$499	6-8 WEEKS
Chest or abdomen	\$250	\$1249	8-10 WEEKS
Full back	\$500	\$2499	8-10 WEEKS
Bikini Line	\$200	\$999	4-6 WEEKS
Bikini Full	\$300	\$1499	4-6 WEEKS
Bikini Brazilian	\$500	\$2499	4-6 WEEKS
Butt Strip	\$200	\$999	4-6 WEEKS
Butt Full	\$300	\$1499	8-10 WEEKS
Upper or lower legs	\$300	\$1499	8-10 WEEKS

Prior to treatment:

1. Avoid direct sun exposure for one week prior to treatment.
2. **IMPORTANT:** Shave the treatment area 24-48 hours before the procedure
3. Discontinue any retinol or retinoid products 7 days before treatment.

Post Treatment Guidelines:

1. A mild, sunburn-like sensation is expected. This usually can last 2-24 hours, but can persist for up to 72 hours. Mild swelling and redness may accompany this, but it usually resolves in 2-3 days. Over the counter Hydrocortisone 1% can be applied up to two times a day if this occurs to help decrease inflammation.
2. You can ice the treated area as needed 10-15 minutes every hour for the next four hours. An oral pain reliever such as Tylenol® or Advil® can also be taken to help alleviate any discomfort.
3. If redness is present, avoid the following activities until it resolves: applying cosmetics, pool/hot tubs/beach, saunas, activities with excessive sweating or that may raise core body temperature, sun exposure or tanning, aggressive scrubbing or exfoliation
4. Bathe/shower as usual. Treated areas may be temperature sensitive.
5. Appearance of hair growth or stubble will continue for 7-30 days. This is not new hair growth, but treated hairs being expelled from the skin.

6. If any darkened lesions occur, please do not pick your skin to avoid any scarring. Allow the lesions to resolve on their own. If you believe the lesions are infected, then please contact our office for further evaluation and management.

Aftercare directions:

1. Cleanse the treated area twice daily with a gentle, mild cleanser to avoid breakouts.
2. Apply sunscreen daily if the treated area is going to be exposed even to indirect sunlight.
3. Do not apply make-up, chemicals, or any retinoid to the treated area until the redness has dissipated.

The Palomar Icon® laser is the most effective at treating hairs in the early growing phase (anagen). Hairs that were in the resting phase (telogen) at the time of treatment may enter the active growing phase (anagen) in 1-6 months, depending on the body area. This is why following the time interval between treatments, and completing the 6 treatments is crucial to achieve the best result. However, even if you complete the full 6 treatments it is important to understand that in the future it is possible for the damaged hair follicle can regenerate and begin growing hair again. This means that in the future you may require a touch up treatment.