



Referral to Optum Health Enhancement
Please fax completed form to: 408-937-3638



All fields need to be completed.

Patient Information									
First Name:					Last Name:				
Gender:	<input type="checkbox"/> Male	<input type="checkbox"/> Female	DOB:			Dx (ICD.10):			
Mailing Address:									
City:				State:			Zip Code:		
Phone Number:					Secondary Phone Number:				
Email address:									
Insurance:					Group #:				
Referring Provider Name:									
Referring Provider Phone Number:					Fax Number:				

Adult Group Classes (≥ 18 years)				
Referral to:		Program Criteria:		
<input type="checkbox"/> Healthier You (English) <input type="checkbox"/> Healthier You (Spanish) <input type="checkbox"/> Healthier You (Vietnamese)		<input type="checkbox"/> BMI ≥ 25; or <input type="checkbox"/> BP > 120/80; or <input type="checkbox"/> A1c < 6.4; or <input type="checkbox"/> T. Chol ≥ 200; or <input type="checkbox"/> TG ≥ 150		
<input type="checkbox"/> Renal Program (English) <input type="checkbox"/> Renal Program (Spanish)		<input type="checkbox"/> GFR 30-59 <input type="checkbox"/> GFR 15-29 <input type="checkbox"/> GFR <15		
<input type="checkbox"/> Living with COPD (English) <input type="checkbox"/> Living with COPD (Spanish) <input type="checkbox"/> Living with COPD (Vietnamese)		Newly dx, recently hospitalized; never received education		
<input type="checkbox"/> Living with Diabetes (English) <input type="checkbox"/> Living with Diabetes (Spanish) <input type="checkbox"/> Living with Diabetes (Vietnamese)		A1c ≥ 6.5, type 2 diabetes	A1c: <table><tr><td></td></tr></table>	



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| <ul style="list-style-type: none"><input type="checkbox"/> Exercise Program (English)<input type="checkbox"/> Exercise Program (Spanish)<input type="checkbox"/> Exercise Program (Vietnamese) | <ul style="list-style-type: none"><input type="checkbox"/> Stable health conditions<input type="checkbox"/> Followed by PCP <p><u>Requirements:</u></p> <ul style="list-style-type: none"><input type="checkbox"/> Working PC or laptop<input type="checkbox"/> Webcam<input type="checkbox"/> Internet/email access |
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Any questions, please call 1-800-335-3362.