

Confident & Prepared Prenatal Classes Are Back Starting September 4th 2021

TOPICS

- **Stages of Labor**
- **Knowing Your Options**
- **Partners Role**
- **COVID**
- **What To Bring**
- **Signs of active labor**

**Please speak with
the front desk to
schedule your
class today!**

**All classes will be
on the first
Saturday of each
month from
9:00 -1:00p.m.**

