

The Secrets Issue

Living

APRIL 2017
LAKESIDE
EDITION

MAGAZINE



Lose it!
with
Rockwall Surgical
Specialists



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Lose it!

with
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Specialists

A COMPREHENSIVE SURGICAL WEIGHT LOSS PROGRAM

If you are overweight, you are not alone. Over 30 percent of Americans are considered obese. Health-related problems including high blood pressure, diabetes, sleep apnea, and acid reflux often develop in people who are significantly overweight, reaching a point where conservative approaches to weight loss simply do not work. What is the option? The only scientifically proven successful treatment for severe obesity is surgical intervention.

Rockwall Surgical Specialists has developed a comprehensive surgical weight loss program that addresses

the whole patient—not just physically, but emotionally and intellectually. The program involves a multi-faceted, education-based process that combines nutritional and psychological counseling, lifestyle coaching, and experienced surgeons to lead the way.

Weight-loss program physician leaders Dr. David Ritter, Dr. Jake Abbott, and Dr. Ashley Egan have over 25 years of surgical experience between them. Their high medical standards, training and expertise are uniquely paired with their caring attitudes to create the perfect balance of comfort

and confidence between doctor and patient. Program dietician, Mary Bachmayer, has been counseling patients in nutrition in changing dietary habits for over 30 years.

The results of their program are best seen by viewing the remarkable photos of their patients. It is amazing how this process has changed so many lives. If you have been trying to lose weight and are ready to change your life, call the experienced physicians at Rockwall Surgical Specialists for an appointment today at (972) 412-7700.



LOST 117 POUNDS



AFTER

BROOKLYN SOBOLIK

"I'm able to run and play with my two year old daughter without having to take breaks. I have so much energy and confidence."



LOST 108 POUNDS



AFTER

JENNIFER MELTON

"My back and knees no longer hurt and I'm not short of breath from walking distances. My only regret is not having this surgery sooner!"



LOST 115 POUNDS



AFTER

MICHAEL TILLBERG

"I used to have trouble keeping up with my Boy Scouts. But today I have boys trying to keep up with me!"



DAVID RITTER, M.D.



JAKE ABBOTT, M.D.



ASHLEY EGAN, M.D.



MARY BACHMEYER, R.D.

Rockwall Surgical Specialists

ROCKWALLSURGICALSPECIALISTS.COM

ROCKWALL OFFICE

1005 W Ralph Hall Parkway, #211
Rockwall, TX 75032

ROWLETT OFFICE

7501 Lakeview Parkway, #270
Rowlett, TX 75088



LOST 128 POUNDS



AFTER

SERETHA DAVIS

"I am more mobile and can really enjoy my life to the fullest. I am no longer on blood pressure medication!"



LOST 189 POUNDS



AFTER

MARILYN CALDER

"I use to isolate myself and avoid things. Now, I can go anywhere without giving it a second thought. Also, I LOVE to shop now!"



LOST 77 POUNDS



AFTER

NATALIE BERRELES

"I am enjoying life more now. My asthma is finally under control. I am more confident now which makes me feel so much better on the inside."