

## **CURRICULUM VITAE**

**EDWARD H. (TED) PARKS, M.D.**  
**Orthopaedic Surgeon**

**Current Status:** Private Practice  
Western Orthopaedics, P.C.  
1830 Franklin Street, suite 450  
Denver, CO 80218  
(303) 321-1333

**Education:** Yale School of Medicine  
New Haven, Connecticut  
Doctor of Medicine, 1988

Stanford University  
Palo Alto, California  
Bachelor of Science, 1983  
Master of Science, 1984

**Residency:** Orthopaedic Surgery  
UCLA Medical Center  
Los Angeles, California  
1988-1993

**Fellowship:** Sports Medicine Fellowship  
Frank R. Noyes, M.D.  
Cincinnati Sports Medicine & Orthopaedic Center  
Cincinnati, OH  
1993 - 1994

**Board Certifications:** American Board of Orthopaedic Surgeons  
July, 1996, Recertification July, 2006, Recertification July, 2016

Fellow American Academy of Orthopaedic Surgeons

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**Faculty Appointments:**

July, 1998-Present

Associate Clinical Professor, Department of Medicine  
University of Colorado Health Sciences Center.

March 2008 – Present, Associate Clinical Professor, Department of Pharmacology  
University of Colorado Health Sciences Center

January 2002-Present

Faculty Speaker, American College of Physicians

October 1999-Present,

Faculty Speaker, Saint Joseph's Medical Residency Program.

**Other Appointments:**

April 2008 – July 2009

Chief of Staff, Colorado Orthopedic & Surgical Hospital, Denver, CO

2004-2008

Chairmen of the Department of Orthopaedics – Presbyterian/St.Lukes  
Medical Center, Denver, CO.

June, 1997

Designated Orthopaedic Surgeon for Boris Yeltsin, Bill Clinton, Helmut Kohl and  
Tony Blair at the “Denver Summit of Eight” G8 international political assembly.

**Teaching Experience:**

Speaker, American College of Physicians (ACP)

**ACP National Meetings:**

Chicago, IL (2022)

Los Angeles, CA, (2020, 2021) **\*cancelled due to coronavirus\***

Philadelphia, PA, (2019)

New Orleans, LA (2018)

San Diego, CA (2017)

Washington, DC (2016)

Boston, MA (2015)

Orlando, FL (2014)

San Francisco, CA (2013)

New Orleans, LA (2012)

San Diego, CA (2011)

Toronto, Canada (April, 2010)

Philadelphia, PA, (2009)

**ACP Regional Annual Meetings:**

Colorado Chapter, Colorado Springs, CO (2001-2018)

Idaho Chapter, McCall, IA, (2020, 2023)

Guest Lecturer and Staff Orthopaedic Surgeon, Meharry Medical College/Nashville Metro general Hospital Nashville, TN  
July, 1994

Guest Speaker, Mercy Family Practice Residency Program  
July, 1994-1996

July, 1994-Present  
Guest Speaker, Saint Joseph's Family Practice Residency Program

July 2006 - Present  
Faculty, University of Colorado Medical School Annual Regional Educational Seminar for Primary Care Providers, Estes Park, CO

November 2006  
Faculty Speaker, State of the Art in Joint Replacement, NY, NY

March 2007  
Faculty Speaker, State of the Art in Orthopedics 2007, Aspen, CO

July 2007  
Faculty Speaker, Rocky Mountain Shoulder and Elbow Course 2007, Boulder, CO

**Research:**

Stanford

"In Vitro Schwann Cell Remyelination of Central Nervous System Axons Demyelinated by Experimental Allergic Encephalomyelitis" – An independent project twice presented at the Symposium for Undergraduate Research in Biology at Stanford.

Yale

"Quantitative Anatomy of the Ligaments of the Cervical Spine" with Panjabi, M.M. Department of Biomechanics.

Parks, E.H., Noyes, F.R., Butler, D.:  
Healing of Patellar Tendon Defects in a Rabbit Model Vivo.

Parks, E.H., A New Technique for Arthroscopic Capsular Shift

Sub-Investigator – Bristol-Meyers Squibb  
Factor Xa Inhibitor Study for DVT/PE prevention

Sub-Investigator – Bayer  
Factor Xa Inhibitor Study for DVT/PE prevention

Sub-Investigator – Rinat RN624-CL006  
Osteoarthritis of the Knee

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**Publications:**

Parks, E.H., *Practical Office Orthopedics\**, (McGraw-Hill), NY, NY 2017  
\*Amazon Best Seller, Orthopedics, Rheumatology, Sports Medicine and  
Orthopedic Surgery

Parks, E.H., Meals R.A.: Metatarsal and Phalynx Fractures, In: Meals RA: One  
Hundred Orthopaedic Problems Every Physician Should Understand. Quality  
Medical Publishing, St. Louis, MO 1992.

Panjabi, M.M., Oxland T.R., Parks E.H.: Quantitative Anatomy of the Ligaments  
of the Cervical Spine. Part I: Upper Cervical Spine. Part II: Middle and Lower  
Cervical Spine. J Spinal Disorders, 4(3), 1991.

**Other Honors & Awards:** 2008 Recipient: Outstanding Faculty Teaching Award, University of Colorado  
School of Medicine

Recipient: Rocky Mountain Hospitalists Association Peak Performer's Award:  
2009, 2010, 2011, 2012

US NEWS and World Report top doctor for orthopedic surgery, 2010, 2011,  
2012,2014

2016 "Outstanding Service to the Chapter Award," American College of  
Physicians

2017 Recipient: Outstanding Volunteer Faculty of the Year Award, University of  
Colorado School of Medicine

Recipient: *5280 Magazine's* "Denver's Top Doctors" Award,  
2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013,  
2014, 2015, 2016, 2017, 2018