



ALLERGY & ASTHMA SPECIALISTS *of Greater Washington*

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Board Certified in Allergy and Immunology
Pediatric and Adult

STOP THESE MEDICATIONS 14 DAYS BEFORE YOUR APPOINTMENT:

Atarax®
Vistaril
Marax (Hydroxyzine)

STOP THESE MEDICATIONS 7-10 DAYS BEFORE YOUR APPOINTMENT:

Alavert® (Loratadine)
Allegra® (Fexofenadine)
Clarinex® (Desloratadine)
Claritin® (Loratadine)
Loratadine (Claritin, Alavert)
Zyrtec® (Cetirizine)

STOP THESE MEDICATIONS 4 DAYS BEFORE YOUR APPOINTMENT:

Actifed	Methdilazine HCl (Tacaryl)
Antihist	Naldecone
Astelin®, Astepro (Azelastine)	Novafed-A
Axid® (nizatidine)	Ornade
Azatadine (Optimine, Trinalin)	Patanase
Benadryl (Diphenhydramine)	Pepcid® (famotidine)
Bromfed	Phenergan (Promethazine)
Brompheniramine	Phenindamine (Nolamine, Nolahist)
Cabinoxamine (Rondec)	Pheniramine (Polyhistine D)
Chlopheniramine (Chlortrimeton)	Poly-Histine-D
Clemastine (Tavist)	Promethazine HCl (Phenegan)
Cyproheptadine (Periactin)	Pyrilamine (Kronohist, Rynatan)
Deconamine	Rynatan
Dimenhydrinate (Dramamine)	Tagamet® (cimetidine)
Dimetapp	Tavist
Diphenhydramine (Benadryl)	Trimeprazine (Temaril)
Diphenylpyraline (Hispril)	Trinalin
Doxylamine (Bendectin, Nyquil)	Triprolidine (Actifed)
Drixoral	Valium (Lorazepam, Ativan) ie. Sleeping Pills
Dura-tab	Xyzal (Levocetirizine)
Flexeril- ie. Muscle Relaxants, etc.	Zantac® (ranitidine)
Kronofed	
Meclizine (Antivert)	

DYMISTA

PATENOL

The following medications *need not be stopped*:

Cromolyn (Intal) and Nedocromil (Tilade)
Steroid Nasal Sprays (Beconase, Vancenese, Nasalide, Fluticasone, Nasacort, Beclovent, Vanceril, Aerobid, Azmacort, Pulmicort, Flovent, Qvar, Advair, Qnasl)
Oral Corticosteroids (Prednisone, Medrol)
Pseudoephedrine
Accolate (Zafirlukast), Zflo (Zileuton), Singular (Montelukast)
Atrovent (Ipratropium Bromide)-Nasal Spray/Inhaler