



SLEEP HEALTH MD

www.SleepHealthMD.com

Request for Sleep Disorders Consultation/Testing

Patient Name: _____ Home Phone: _____
Address: _____ Mobile Phone: _____
City: _____ Zip: _____ E-Mail: _____ DOB: _____
Preferred Language: ☐ English ☐ Spanish ☐ Other: _____

**** In order to expedite your patient's treatment, please INCLUDE ALL PATIENT DEMOGRAPHICS, INSURANCE INFORMATION, RAF and CURRENT PROGRESS NOTES ****

SYMPTOMS: Must be checked in order to document MEDICAL NECESSITY

☐ Witnessed Apneas ☐ Excessive Daytime Sleepiness/Fatigue ☐ Snoring ☐ Obesity ☐ Hyperactivity
☐ Restless sleep ☐ Nocturnal leg jerking ☐ Cardiovascular Disease (CHF-CVA-MI)
☐ Insomnia ☐ Erectile Dysfunction ☐ Other: _____

LOCATION: ☐ Santa Cruz ☐ Watsonville ☐ Sunnyvale ☐ Monterey

<input type="checkbox"/> CARE MANAGEMENT Complete evaluation and management, including consultation, sleep study (if needed), follow-up, CPAP Clinic, etc.	<input type="checkbox"/> IN-LAB SLEEP STUDY Complete in-lab sleep study attended by sleep technologist.	<input type="checkbox"/> IN-LAB TITRATION A sleep technologist adjusts pressure to eliminate apneas, hypopneas and snoring.
<input type="checkbox"/> IN-HOME SLEEP STUDY At-home testing is only appropriate for patients who meet the following criteria: <ul style="list-style-type: none">• No significant cardiac or pulmonary disease and few medical co-morbidities.• Insurance allowing for in-home sleep study• 18 years or older		<input type="checkbox"/> IN-HOME CPAP TITRATION In-lab attended CPAP titration will be done if home study is not adequate.
<input type="checkbox"/> INSOMNIA CONSULTATION Note: Sleep studies are not indicated for insomnia.		<input type="checkbox"/> SPECIAL INSTRUCTIONS/REQUESTS

MD Signature (Required): _____ **Date:** _____
MD Name: _____ **Specialty:** _____
Phone: _____ **Fax:** _____
Address: _____ **City:** _____ **Zip:** _____

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1665 Dominican Way #222
Santa Cruz, CA 95065

Watsonville
150 Carnation Dr #4
Freedom, CA 95019

Monterey
101 Wilson Road #D
Monterey, CA 93940

Sunnyvale
260 S Sunnyvale Ave #6
Sunnyvale, CA 94086

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Questions? Call us at (844) 38SLEEP
www.sleephealthmd.com