

# WHITE INTEGRATED HEALTH CLINICS, PLLC

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RIVER OAKS LOCATION:  
1141 LONG AVENUE  
FORT WORTH, TX 76114  
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WATERSIDE LOCATION:  
5925 CONVAIR DRIVE  
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FORT WORTH, TX 76109  
PHONE: (817) 349-7541  
FAX: (817) 349-7549

Please complete this questionnaire. Your answers will help us determine if Chiropractic care can help you. If we do not sincerely believe your condition will respond satisfactorily to the treatment, we will not accept your case. — Thank You

## Confidential Patient Information

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_  
Last First M.I.

Address: \_\_\_\_\_ Sex: ☐ Male ☐ Female

D.O.B. \_\_\_\_\_

City State Zip Code

Email Address: \_\_\_\_\_ Number of Children: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Driver's License #: \_\_\_\_\_

Race: ☐ American Indian ☐ Asian ☐ Black/African American ☐ Native Hawaiian/Pacific Islander ☐ White

Ethnicity: ☐ Hispanic ☐ Non-Hispanic

Employer/Occupation: \_\_\_\_\_ Employer Phone #: \_\_\_\_\_

Does work involve: ☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor

Marital Status: ☐ Single ☐ Married ☐ Widowed ☐ Separated ☐ Divorced

Spouse's Name: \_\_\_\_\_ Spouse's D.O.B. \_\_\_\_\_

Spouse's Occupation/Employer: \_\_\_\_\_

Name of Primary Care Physician: \_\_\_\_\_ Phone #: \_\_\_\_\_

How did you hear about our clinic? \_\_\_\_\_

## Contact Information

Preferred Contact Method? \_\_\_\_\_ Time of Day: \_\_\_\_\_

Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_ Ext. \_\_\_\_\_

Other Phone Numbers: \_\_\_\_\_ May We Leave a Voicemail? ☐ Yes ☐ No

## In Case of Emergency

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_ Ext. \_\_\_\_\_

## Health History

Have you ever had Chiropractic care before? ☐ Yes ☐ No

What treatment have you already had for your condition?

☐ Medication ☐ Chiropractic Care ☐ Surgery ☐ Physical Therapy ☐ None ☐ Other \_\_\_\_\_

Name of other doctors who have treated you for this condition: \_\_\_\_\_

Please list any surgical operations you have had: \_\_\_\_\_

Please list any unusual diseases/illnesses you may suffer from: \_\_\_\_\_

Please list any medications you are currently taking: \_\_\_\_\_

Please list any allergies you have, including drug reactions: \_\_\_\_\_

Smoking Status: ☐ Never ☐ Former ☐ Current (Everyday) ☐ Current (Occasional)

Exercise: ☐ None ☐ Moderate ☐ Daily ☐ Heavy

Work Activity: ☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor

## Patient Condition

Reason for visit: \_\_\_\_\_

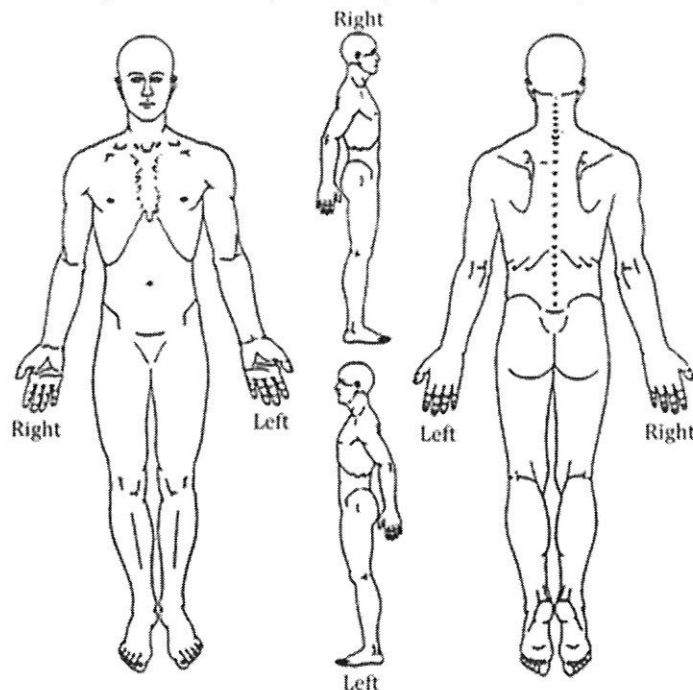
When did your symptoms appear? \_\_\_\_\_

Is your condition getting progressively worse? ☐ Yes ☐ No ☐ Unknown

Is your condition interfering with your: ☐ Work ☐ Sleep ☐ Daily Routine ☐ Recreation

Rate the severity of your pain: | ..... |  
0 no pain 5 10 worst pain

Mark an X on the picture in the places where you have pain, discomfort, numbness, or tingling.



## Description of Symptom(s)

Please check all that apply:

- |                                     |  |                                      |                                       |
|-------------------------------------|--|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Headaches  | <input type="checkbox"/> Front of Head | <input type="checkbox"/> Top of Head | <input type="checkbox"/> Back of Head |
| <input type="checkbox"/> Jaw        | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Neck       | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Shoulder   | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Upper Arm  | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Elbow      | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Forearm    | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Wrist      | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Hand       | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Upper Back | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Mid Back   | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Low Back   | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Chest      | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Ribs       | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Hip        | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Buttocks   | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Thigh      | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Knee       | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Ankle      | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |
| <input type="checkbox"/> Foot       | <input type="checkbox"/> Left Side     | <input type="checkbox"/> Right Side  | <input type="checkbox"/> Both         |

☐ Other: \_\_\_\_\_

Please describe the pain:

- |                                       |                                   |                                       |
|---------------------------------------|-----------------------------------|---------------------------------------|
| <input type="checkbox"/> Aching       | <input type="checkbox"/> Dull     | <input type="checkbox"/> Spasm        |
| <input type="checkbox"/> Burning      | <input type="checkbox"/> Numbness | <input type="checkbox"/> Stinging     |
| <input type="checkbox"/> Constricting | <input type="checkbox"/> Pounding | <input type="checkbox"/> Throbbing    |
| <input type="checkbox"/> Cramping     | <input type="checkbox"/> Sharp    | <input type="checkbox"/> Tingling     |
| <input type="checkbox"/> Cutting      | <input type="checkbox"/> Shooting | <input type="checkbox"/> Other: _____ |

On average, how much of the day are you in pain?

- |  |  |
|--|--|
| <input type="checkbox"/> 25 % of the day | <input type="checkbox"/> 75% of the day  |
| <input type="checkbox"/> 50% of the day  | <input type="checkbox"/> 100% of the day |

Does the pain radiate? ☐ No ☐ Yes If yes, where? \_\_\_\_\_

Does the pain affect your daily activities? ☐ No ☐ Yes

If yes, which activities are affected the most? \_\_\_\_\_

What increases the pain? \_\_\_\_\_

What decreases the pain? \_\_\_\_\_

### **Insurance Information**

Insurance Company Name: \_\_\_\_\_

Policy/ID # \_\_\_\_\_ Group # \_\_\_\_\_

Is the patient covered by a second insurance company? ☐ Yes ☐ No

2<sup>nd</sup> Insurance Company Name: \_\_\_\_\_

Do you have Personal Injury Protection (PIP) coverage? ☐ Yes ☐ No

Auto Insurance Company Name: \_\_\_\_\_ Phone # \_\_\_\_\_

### **Primary Insured Information**

Are you the primary insured for your insurance? ☐ Yes ☐ No

If yes, please skip to the next section. If no, please continue.

Primary Insured Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_

Primary Insured SS#: \_\_\_\_\_ Employer: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

### **Women Only**

Date of last menstrual period: \_\_\_\_\_

Is there a possibility that you are pregnant? ☐ Yes ☐ No

\*\*\* I understand that the examination I am having involves radiation, and that radiation may cause injury to the unborn fetus, although the likelihood of such injury is slight. My physician feels that the information to be gained from the examination is important to my health, and I therefore wish to have x-rays performed.

If you think you might be pregnant, please inform the  
Technologist prior to the examination.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

.....

I understand and agree that health and accident policies are an arrangement between the insurance carrier and myself. Furthermore, I understand that this chiropractic office will prepare any necessary reports and forms to assist me in making collections from the insurance company. I understand that any amount authorized to be paid directly to this chiropractic office will be credited to my account on receipt. However, I clearly understand and agree that all services rendered to me are charged directly to me, and I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered to me will be immediately due and payable.

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**It is our office policy to make certain that we provide all persons with a free consultation to determine if theirs is a chiropractic problem.**

**Cost Estimates**

Complete Orthopedic/Neurological/Physical Exam	\$150.00
Spinal X-Ray and Exam (Two views)	\$198.00
Spinal X-Ray and Exam (Scoliosis study)	\$75.00
Rapid Axial Decompression (Ring Dinger®)	\$150.00
Computerized Spinal Disc Decompression	\$80.00
Cryofos Neuro Reflex Stimulation	\$80.00
MLS Cold Laser Therapy	\$60.00
Interim/Update Examinations	\$85.00
Chiropractic Adjustment	\$70.00
Acupuncture	\$70.00
Electrical Therapy	\$30.00
Ultrasound / Galvanic Therapy	\$35.00
Intersegmental Traction	\$25.00
Diathermy	\$25.00

\*\* All cases vary. The doctor will handle patients from a case-to-case basis; therefore, charges may vary. \*\*

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If you understand and agree with all the above office policies, please sign below.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**Doctor's Signature:** \_\_\_\_\_

## **Accident Information**

Is this condition due to an accident? ☐ Yes ☐ No (If NO, please skip)

Type of Accident: ☐ Automobile ☐ Work ☐ Other: \_\_\_\_\_

To whom have you made a report of your accident?

☐ Auto Insurance

☐ Employer

☐ Workers' Comp Commission

☐ Other: \_\_\_\_\_

Was a police report made? ☐ Yes ☐ No

Please explain in detail how your accident/injury occurred:

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Exact accident/injury Date: \_\_\_\_\_ (mm/dd/yyyy)

Accident/Injury Time: \_\_\_\_\_ (A.M. / P.M.)

Accident/Injury Location: \_\_\_\_\_

Where did you feel pain immediately after the accident? \_\_\_\_\_

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List the extent of your injuries as you know them: \_\_\_\_\_

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Before the injury were you capable of working on an equal basis with others of your age?

☐ Yes ☐ No

Have you missed any days from work due to this accident?

☐ Yes ☐ No How many? \_\_\_\_\_

Since your injury, your symptoms are:

☐ Improving ☐ Getting worse ☐ Same

Was anyone else in the vehicle with you? \_\_\_\_\_

Do you have Personal Injury Protection (PIP) coverage? ☐ Yes ☐ No

Auto Insurance Company Name: \_\_\_\_\_ Phone # \_\_\_\_\_

## Automobile Accident Description

Please answer the questions below. If you do not know the answer to any of the questions, do not answer that question.

<b>1. Your vehicle type</b>  <input type="checkbox"/> Car <input type="checkbox"/> Station Wagon <input type="checkbox"/> Van <input type="checkbox"/> Pickup Truck <input type="checkbox"/> Large Truck <input type="checkbox"/> Bus Other _____	<b>2. Your position in vehicle</b>  <input type="checkbox"/> Driver <input type="checkbox"/> Front Passenger <input type="checkbox"/> Left Rear Passenger <input type="checkbox"/> Right Rear Passenger Other _____	<b>3. What was your vehicle doing at the time of the accident?</b>  <div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Stopped at intersection  <input type="checkbox"/> Making a right turn  <input type="checkbox"/> Proceeding along                      Other _____                 </div> <div> <input type="checkbox"/> Stopped in traffic  <input type="checkbox"/> Making a left turn  <input type="checkbox"/> Slowing down  <input type="checkbox"/> Accelerating                 </div> <div> <input type="checkbox"/> Stopped at light  <input type="checkbox"/> Parking                 </div> </div>
<b>4. Time/Speed/Damage</b>  Time of accident _____ Your vehicle's speed: _____ mph Their vehicle's speed: _____ mph Damage to your vehicle <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Totaled	<b>5. Details of Accident</b>  <b>Visibility at time of accident</b> <input type="checkbox"/> Poor <input type="checkbox"/> Fair <input type="checkbox"/> Good  <b>Who hit who/what?</b> <input type="checkbox"/> You hit other vehicle <input type="checkbox"/> Other vehicle hit you <b>You hit...(object)</b> _____	<b>6. Road conditions</b>  <b>Road conditions at time of accident</b> <input type="checkbox"/> Icy <input type="checkbox"/> Wet <input type="checkbox"/> Sandy <input type="checkbox"/> Dark <input type="checkbox"/> Clean and dry  <b>Point of impact</b> <div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Head-On  <input type="checkbox"/> Rear-End                     </div> <div> <input type="checkbox"/> Left Front  <input type="checkbox"/> Left Rear                     </div> <div> <input type="checkbox"/> Right Front  <input type="checkbox"/> Right Rear                     </div> </div>

### 7. Body Position, etc.

Did you see the accident coming? Yes <input type="checkbox"/> No <input type="checkbox"/> Were you braced for the impact? Yes <input type="checkbox"/> No <input type="checkbox"/> Did you have a seat belt on? Yes <input type="checkbox"/> No <input type="checkbox"/> Did you have a shoulder harness on? Yes <input type="checkbox"/> No <input type="checkbox"/>	<b>Does your vehicle have headrests? Yes <input type="checkbox"/> No <input type="checkbox"/></b> <b>What was the position of your headrest at the time of the impact?</b> <input type="checkbox"/> Even with top of head <input type="checkbox"/> Even with bottom of head <input type="checkbox"/> Middle of neck <b>What was the direction of your head at the time of the impact?</b> <input type="checkbox"/> Facing straight forward <input type="checkbox"/> Turned to the right <input type="checkbox"/> Turned to the left
Did driver side air bags deploy? Yes <input type="checkbox"/> No <input type="checkbox"/> Did passenger side airbags deploy? Yes <input type="checkbox"/> No <input type="checkbox"/> Did side airbags deploy? Yes <input type="checkbox"/> No <input type="checkbox"/>	

### 8. Additional accident information

In the case of a motor vehicle accident, enter any additional information here that is not covered by the above check offs.

### 9. During the accident:

Did your body strike the inside of your vehicle? Yes ☐ No ☐  
 If yes, describe: \_\_\_\_\_  
 Did you lose consciousness during the injury? Yes ☐ No ☐  
 If yes, for how long? \_\_\_\_\_  
 Your vehicle's estimated damage? \_\_\_\_\_  
 Damage to their vehicle: ☐ Mild    ☐ Moderate    ☐ Totaled  
 Did police show up at the scene? Yes ☐ No ☐  
 Was an accident report filled out? Yes ☐ No ☐

### 10. After the accident:

**Check off your symptoms right after and a few days following:**  

<input type="checkbox"/> Headache	<input type="checkbox"/> Dizziness	<input type="checkbox"/> Mid back pain	<input type="checkbox"/> Cold hands
<input type="checkbox"/> Neck pain	<input type="checkbox"/> Nausea	<input type="checkbox"/> Low back pain	<input type="checkbox"/> Cold feet
<input type="checkbox"/> Neck stiffness	<input type="checkbox"/> Confusion	<input type="checkbox"/> Nervousness	<input type="checkbox"/> Diarrhea
<input type="checkbox"/> Fainting	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Loss of taste	<input type="checkbox"/> Depression
<input type="checkbox"/> Ringing in ears	<input type="checkbox"/> Tension	<input type="checkbox"/> Toe numbness	<input type="checkbox"/> Anxious
<input type="checkbox"/> Loss of smell	<input type="checkbox"/> Irritability	<input type="checkbox"/> Constipation	<input type="checkbox"/> Chest Pain
<input type="checkbox"/> Pain behind eyes	<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Sleeping problems	

 Others: \_\_\_\_\_

### 11. Emergency Room?

**Where did you go after the accident?**  
☐ Home    ☐ Work    ☐ Hospital ER    ☐ Private Doctor  
**How did you get there?**  
☐ Drove self    ☐ Somebody else    ☐ Ambulance    ☐ Police  
**Were X-rays done?** Yes ☐ No ☐    **Was lab work done?** Yes ☐ No ☐  
 Body parts X-rayed? \_\_\_\_\_  
 What lab work? \_\_\_\_\_  
 The X-rays revealed: \_\_\_\_\_  
**Treatments:** ☐ Cervical Collar    ☐ Ice    Other: \_\_\_\_\_  
 Medications: \_\_\_\_\_  
 Follow-up instructions: \_\_\_\_\_

### 12. Treatment History:

**Fill in any other doctor(s) seen prior to your first visit to this office.**  
 1. Dr. \_\_\_\_\_ First visit date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Specialty: \_\_\_\_\_ X-rays done? Yes ☐ No ☐  
 Types of treatments received: \_\_\_\_\_  
 How many treatments received? \_\_\_\_ Currently treating? Yes ☐ No ☐  
 Did treatments benefit you? Yes ☐ No ☐  
 Last visit date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 2. Dr. \_\_\_\_\_ First visit date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Types of treatments received: \_\_\_\_\_  
 How many treatments received? \_\_\_\_ Currently treating: Yes ☐ No ☐  
 Did treatments benefit you? Yes ☐ No ☐  
 Last visit date: \_\_\_\_/\_\_\_\_/\_\_\_\_