Provider Performing:

Dr. Jay Kamath \square Dr. Patel \square Dr. Saline

Date of exam:______ Arrival Time:

(PLEASE EXPECT TO BE AT THE SURGICAL CENTER/HOSPITAL NO LESS THAN 3 HOURS)

INSTRUCTIONS FOR EGD

Your procedure has been scheduled at:

Bay Area Endoscopy Center 5771 49th St. N St. Petersburg, FL 33709 727-528-2261 Northside Hospital 6000 49th St. N St. Petersburg, FL 33709 727-521-5158 St Pete General 6500 38[™] Ave. N St. Petersburg FL 33710 727-384-1414

To ensure a successful exam, please follow all instructions carefully.

Remember, your procedure WILL be rescheduled if:

- \checkmark You do not follow **ALL** prep instructions.
- ✓ You do not complete your **ENTIRE** preparation as instructed
- ✓ You do not have a ride home (it **MUST** be an adult friend or family member that DRIVES you)
- ✓ If you take a TAXI or UBER you MUST have an adult friend or family member accompany you.
- \checkmark You are **NOT** able to take a Bus

Your adult friend or family member that drops you off/ picks you up, MUST stay within a 30 minute distance of the procedure center.

We are requesting clearance from your specialist. You are **NOT** to stop any medication without clearance. We will contact you with instructions of when to stop any medication

7 DAYS PRIOR TO YOUR PROCEDURE

STOP taking fish oil, vitamin E and any iron supplements.

STOP NSAIDs, Ibuprofen, Advil, Aleve, Motrin, Celebrex, Naproxen, Meloxicam (If you take **Aspirin 81 mg**, you may continue to take this) **Tylenol is ok to take**

THE NIGHT BEFORE YOUR PROCEDURE YOU SHOULD HAVE NOTHING TO EAT OR DRINK AFTER MIDNIGHT

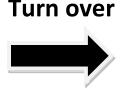
DIABETICS: Take your regular morning and daytime oral diabetic medications and insulin. Only half of your long-acting insulin dose.

ON THE DAY OF YOUR PROCEDURE

PLEASE DO NOT DRINK ANY WATER IN THE MORNING OF YOUR PROCEDURE , THIS CAN CAUSE A DELAY FOR YOUR PROCEDURE

DIABETICS: Check your glucose level in the morning of your procedure and ONLY if your diabetes is uncontrolled please take any oral diabetic medications or insulin

If your diabetes is controlled please DO NOT take your diabetes medications



You MAY take your morning medications as usual WITH SMALL SIP OF WATER (which includes blood pressure, cholesterol, depression, anxiety, seizure medication, thyroid medication, ETC.) (DO NOT take NSAIDS or Blood thinners)

*Please bring your Inhaler and insulin with you

*Avoid smoking 24 hours prior procedure and around the outside perimeters of the facility

Please wear confortable shoes- no heels

If you have any questions please do not hesitate to call 727-273-2907 Yairis Diaz (Medical Assistant)

Please look out for BayArea Endoscopy Center email from us.

<u>NOTE:</u> <u>In the event that a biopsy needs to be performed, there will be</u> <u>additional charges from an outside pathology lab</u>.

NOTE: IF PROCEDURE IS NOT CANCELLED WITHIN 72 HOURS PRIOR YOU WILL BE CHARGED \$ 100.00 FEE FOR BAESC AND \$ 150 FOR HOSPITAL PROCEDURES.

Note: Urine samples will be collected before your procedure if you are under 55 years of age if you had a hysterectomy or tubal ligation then is not required .For Men will be at facility discrection