



Penn Presbyterian Medical Center

Pre-admission testing is required prior to any surgery or procedure. Testing must be completed within 30 days of surgery and can be done at any location of your choice

Patient name: \_\_\_\_\_

Surgery name: \_\_\_\_\_

Doctor name: \_\_\_\_\_

Surgery date: \_\_\_\_\_

Arrival location on the day of surgery: \_\_\_\_\_

Your pre-admission testing has been scheduled on \_\_\_\_\_ at Penn Presbyterian Medical Center in the pre-admission testing department in the Cupp Bldg, 1<sup>st</sup> floor. You may walk-in anytime from 8:30am – 3pm. **PRE-ADMISSION TESTING MUST BE DONE WITHIN 30 DAYS OF SURGERY AND NO LATER THAN 2 WEEKS PRIOR TO SURGERY.** If pre-admission testing is not completed in time, your surgery may be cancelled

Your pre-admission testing must be scheduled. Please contact Dana at 215-662-9775

Please contact Dana with any questions about surgery, instructions, testing or FMLA forms. All FMLA or disability forms can be faxed to Dana at fax number 215-243-4668

**FOR REFERRALS:** A referral is required for BOTH your doctor and the hospital  
Doctor NPI#: 1366502445 Penn Presbyterian Medical Center NPI#: 1245207521



## Surgery Instructions

### **ARRIVAL TIME AND LOCATION**

- The hospital will call you the day before your surgery between 2 pm and 4 pm with your arrival time and location for the next day. It is an automated phone call and will leave a message if you do not answer
- If you do not receive a phone call by 4 pm, please contact the hospital at 215-662-8000 or Dana at 215-662-9775
- If you are scheduled on a Monday, the hospital will call you on Friday afternoon

### **PARKING AND DISCHARGE INFORMATION**

- If you are going home on the same day as your surgery, you **MUST** have an available adult to accompany you. Your surgery may be cancelled if you do not have someone to take you home. You may take public transportation, but an available adult is required to escort you home
- For Penn Presbyterian: parking is available at the main hospital entrance, located off 38<sup>th</sup> Street between Market and Powelton Streets in the high-rise garage
- For Penn Medicine University City: parking is available at the surgery center in the parking garage on Filbert St

### **MEDICATIONS**

- If you take any blood thinners or diabetes medications, you **MUST** check with your prescribing doctor for specific instructions on taking these medications prior to your surgery
- Seven days prior to surgery: **STOP** taking any aspirin containing medications (Aleve, Advil, Excedrin, Ibuprofen, Motrin, Celebrex, etc.). Check with your prescribing doctor for specific instructions on stopping any aspirin medications. Tylenol is recommended as an alternative medication for any aches, pains, or headaches
- If you take any medications in the morning, you may take these as early as possible with a small sip of water. Avoid taking any medications that can be skipped or taken later in the day