



OF GREATER HARTFORD

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CLENPIQ INSTRUCTIONS FOR COLONOSCOPY

Read These Instructions at Least 2 Weeks Before Your Colonoscopy

IMPORTANT INFORMATION

Someone **MUST** drive you home from your procedure. You are **NOT ALLOWED** to drive, take a taxi or bus alone, or leave the endoscopy center alone. If you do not have someone to accompany you home, **YOUR PROCEDURE WILL BE CANCELLED.**

You should not use Clenpiq for your bowel preparation if you have a history of serious kidney problems.

MEDICATIONS

- You **MAY** take all of your normal medications (including a Baby Aspirin or Aspirin 81 mg, high blood pressure medications, and cholesterol medications) on the morning of the procedure with a sip of water.
- **You MUST call the doctor that prescribes ANY blood thinner or anti-platelet medication at least one week before your procedure. This includes: Coumadin (warfarin), Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban), Effient (prasugrel), Ticlid (ticlopidine), Brilinta (ticagrelor) or Plavix (clopidogrel). You should let them know you will need to stop your medication, and ask when to stop the medication before the procedure.**
- For patients with diabetes: Please see separate instructions

5
DAYS

PRIOR TO YOUR COLONOSCOPY

- **STOP** taking any fiber supplements (e.g. Metamucil, Citrucel, and Benefiber)
- Pick up the prescription for your prep at the pharmacy. If you feel your copay is greater than you can afford, please call our office for another option.

3
DAYS

PRIOR TO YOUR COLONOSCOPY

- **DO NOT** eat any high fiber foods – like popcorn, beans, seeds (flax, sunflower, quinoa, chia), multigrain bread, nuts, salad/raw vegetables, fresh or dried fruit.

1 DAY BEFORE YOUR COLONOSCOPY

DO NOT eat any solid food after 8 am.

Clenpiq is premixed and does not need to be diluted.

Between 5-9 pm

- Drink the first bottle of the Clenpiq.
- Then drink five (5) 8oz. glasses of clear liquids over the next five hours.

Five (5) Hours Prior to Your Colonoscopy

- Drink the second bottle of Clenpiq.
- Then drink three (3) 8oz. glasses of clear liquids.

Four (4) Hours Prior to Your Colonoscopy

- **NOTHING** to eat or drink (including the preparation).

Liquids **ALLOWED** the day before your procedure

- Water, soft drinks, juices, bouillon
- Black coffee or tea with no milk or cream
- Jell-O, popsicles, hard candies
- It is important that you drink lots of liquids during the day

Liquids and Foods **NOT ALLOWED** the day before your procedure

- Cream, milk, dairy products
- Solid foods except for a light breakfast before 8 am
- Alcoholic beverages
- Non-prescription drugs/recreational drugs
- Liquids which are not clear (for example orange juice)



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INFORMATION PRIOR TO COLONOSCOPY

PROCEDURE DATE _____

ARRIVAL TIME _____

PROCEDURE TIME _____

PROCEDURE SCHEDULERS

DR. BROWN
DR. LEWIS
DR. RAISSIS

860.929.7963

DR. AYERS
DR. MULLINS
DR. SCOTT

860.929.7955

IMPORTANT — READ CAREFULLY

1. Please follow the PREP INSTRUCTIONS on the BACK SIDE of this document for your procedure. Please review at least a few days before your colonoscopy.
2. Please note that you may be charged a \$100 cancellation fee if you give us less than 48 hours notice. We will not cancel procedures due to inclement weather. However, the outpatient endoscopy centers may cancel if the Governor/State of CT closes. If you choose to cancel your procedure because of bad weather, there will not be a cancellation fee.
3. If you cancel/reschedule your procedure 3 or more times, there will be a \$100 fee.

YOU MUST CALL YOUR INSURANCE COMPANY:

Our office will obtain pre-certification, but that is not a guarantee of payment. Prior to any procedure, it is the patient's responsibility to contact their insurance to check covered benefits/deductibles.

It is also the patient's responsibility to contact our office immediately with any insurance changes.

YOUR COLONOSCOPY IS SCHEDULED AT:

- ☐ **EVERGREEN ENDOSCOPY CENTER**
2400 Tamarack Avenue, Suite 100, South Windsor, CT
Phone Number: 860.644.7336
Located on First Floor.

- ☐ **ST. FRANCIS GI ENDOSCOPY CENTER**
360 Bloomfield Ave. Suite 204, Windsor, CT
Phone Number: 860.683.9991
Exit 37 (Bloomfield Ave/ Windsor Center) off Interstate 91 North. Take right onto Bloomfield Ave and make an immediate left turn onto a long driveway, before the Mobil Gas Station/McDonalds. Exit #37 Interstate 91 South: Take left onto Bloomfield Ave and make a left turn before the Mobil Gas Station.

- ☐ **ST. FRANCIS HOSPITAL**
114 Woodland St., Hartford, CT
SFH Pre-Call/Pre-registration Questions
Phone Number: 860.714.2192
Enter the parking garage from Woodland St. or Collins St. entrance. Proceed to 2nd floor, "Admitting," then to the Endo unit (Day Hospital) across the hall. Or, you may be dropped off at front doors of hospital. Take stairs on left, turn left on 2nd floor, to "Admitting."

- ☐ **ECHN**
71 Haynes St., Manchester, CT
Phone Number: 860.646.1222
To access the GI unit, please enter through the Ambulatory Medical Entrance on Guard St. Pull into valet parking and follow the signs to the GI unit.