pediatric associates of austin, p.a.

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Acetaminophen and Ibuprofen Dosages

Fever shows us that the body is fighting infection. The goal of therapy is to bring the fever down to a comfortable level. <u>True fever begins at 100.4</u> (using rectal [most accurate for infants], ear, or forehead thermometer) and with many illnesses, is often present for 2-3 days. Fevers only need to be treated with medicine if they cause discomfort. Fever reducers may only lower temperature 1-2 degrees. This is very normal and is not harmful. If an infant less than 3 months has fever, evaluation is needed. For a child of any age, if the fever is concerning or if there are any other worrisome symptoms, please don't hesitate to contact us for an appointment.

In addition to offering medication, other helpful fever remedies are as follows:

- Dress in 1 layer of clothing unless shivering to prevent trapped heat close to the body
- Increase fluid intake until urinating every 2-3 hours to help cool the body and prevent dehydration
- Offer tepid baths or cool compresses to help cool the body

ACETAMINOPHEN DOSING GUIDE TYLENOL AND OTHER BRANDS						
 If possible, use weight to dose, otherwise use age Give every 4-6 hours, as needed. No more than 5 times in 24 hours (unless directed by your provider) Use only the dosing device that comes with the product. 		Infants' New Formulation or Children's Liquid	Children's Chewable Tablets			
		Active Ingredient: Acetaminophen 160 mg in each 5 mL or 1 tsp.	Active Ingredient: Acetaminophen 160 mg in each tablet			
Weight	Age	Dose				
6-11 lbs (2.7-5 kg)	0-3 months	1.25 mL (¼ tsp)				
12-17 lbs (5.5-7.7 kg)	4-11 months	2.5 mL (½ tsp)				
18-23 lbs (8.2-10.5kg)	12-23 months	3.75 mL (¾ tsp)				
24-35 lbs (10.9-15.9 kg)	2-3 years	5 mL (1 tsp)	1 tablet			
36-47 lbs (16.4-21.4 kg)	4-5 years	7.5 mL (1 ½ tsp)	1 ½ tablets			
48-59 lbs (21.8-26.8 kg)	6-8 years	10 mL (2 tsp)	2 tablets			
60-71 lbs (27.3-32.3 kg)	9-10 years	12.5 mL (2 ½ tsp)	2 ½ tablets			
72-95 lbs (32.7-43.2 kg)	11 yrs	15 mL (3 tsp)	3 tablets			

IBUPROFEN DOSING GUIDE ADVIL, MOTRIN, OR ANOTHER BRAND						
If possible, use weight to dose, otherwise use age. Give every 6-8 hours, as needed. No more than 5 times in 24 hours (unless directed by your provider). Use only the dosing device that comes with the product.		Infant's Drops (Concentrated)	Children's Liquid	Children's Chewables or Junior Tablets		
		Active Ingredient: 50 mg in each 1.25 mL	Active Ingredient: 100 mg in each 5 mL or 1 tsp	Active Ingredient: 100 mg in each tablet		
Weight	Age	Dose				
Not for children younger than 6 months						
12-17 lbs (5.5-7.7 kg)	6-11 months	1.25 mL	2.5 mL (½ tsp)			
18-23 lbs (8.2-10.5kg)	12-23 months	1.875 mL	3.75 mL (¾ tsp)			
24-35 lbs (10.9-15.9 kg)	2-3 years		5 mL (1 tsp)	1 tablet		
36-47 lbs (16.4-21.4 kg)	4-5 years		7.5 mL (1 ½ tsp)	1 ½ tablets		
48-59 lbs (21.8-26.8 kg)	6-8 years		10 mL (2 tsp)	2 tablets		
60-71 lbs (27.3-32.3 kg)	9-10 years		12.5 mL (2 ½ tsp)	2 1/2 tablets		
72-95 lbs (32.7-43.2 kg)	11 yrs		15 mL (3 tsp)	3 tablets		

Do not give aspirin to any child under the age of 16