

# Tri-State Neurological & Sleep Disorder Center PATIENT INFORMATION

| Name:  | DOF   | 3:  | Age:  |  |
|--|---|---|---|--|
| Mailing Address:   |   |   |   | _  |
| Physical Address:  |   |   |   |  |
| Home Phone:  | Cell Phone:   |   | Gender M F  |  |
| Marital Status M S W D S   | S DL#   | Social Securi   | ty #  |  |
| Spouse:  | DOB:  | SS#   |   |  |
| Responsible Party (if other that   | in the patient)   |   |   |  |
| Mailing Address:Phone:   | Relationship  | to Patient:   |   | s  |
| EMPLOYMENT Employer: Occupation:   | Work I  | Phone:  |   |  |
| REFERRAL INFORMATION Referring Physician: Reason for todays visit:   | ON  | PCP   |   |  |
| INSURANCE INFORMATI  |   |   |   |  |
| Primary Policy #   | Group#  | 1   | Subscriber  |  |
| Secondary  | Group   |   | 3405011001.   |  |
| Policy#  | Group#  |   | Subscriber:   |  |
| We bill your insurance com INS I authorize payment of benefits to include may and Sleep Disorder Center, for any services re M.A. Nayer, M.D.,P.C. This assignment is to covered services. I accept responsibility for an M.D.,P.C dba Tri-State Neurological and Slee benefits. Information may be released to any responsibility to obtain authorization for diagreeourtesy. | SURANCE AUTHORIZAT<br>jor medical benefits to which I am entitled<br>endered to me in this office. I authorize any<br>be considered as valid as the original. I am<br>my services not allowed by my insurance co<br>ep Disorder Center to release all medical in<br>provider in my medical care by fax or mail. | to be made on my behalf to be holders of my medical billing financially responsible for ompany and agree to make p formation necessary including a lauthorize use of this signal. | MENT M.A. Nayer, M.D., P.C dbs Tri-State Neing information pertaining to me to be reany and all co-payments, deductibles are asyment myself. I hereby authorize M.A. ng medical records to to secure payment ature on all insurance billing. I understa | eurological<br>released to<br>nd non<br>A. Nayer,<br>nt of<br>and it is my |
| Patient Signature (if a minor, parent or guard   | ian signature)  | Date  |   |  |
| I understand it is the policy of TSNSC to char<br>I acknowledge that I received Tri-State Neuro  |   |   | I have been informed:   |  |

Main Office

Phone: 928-763-4270 Fax: 928-763-5056 3015 Hwy. 95, Suite 109, BHC, AZ. 86442 Palo Verde Professional Plaza

Sleep Center Phone: 928-763-5055 2020 Silver Creek Rd , A111 Bullhead City, AZ 86442

Henderson

Phone: 702-433-7999 178 N. Pecos Rd, # 200 Henderson, NV 89074



## **MEDICAL HISTORY**

| Name:   | DOB  | Age:  |   |
|---|--|---|---|
| In case of an emergency, whom s                         | hould we notify?   | <b>,</b>  |   |
| Name:   | Phone Number:  | l   |   |
| Mailing address:  |  | Relationship:   | _ |
| Medication Allergies:                                   |  |   |   |
| Please list any current medical co                      | ndition(s):  |   |   |
| List any surgeries you have had:                        | · · · · · · · · · · · · · · · · · · ·                        |   |   |
| SOCIAL HISTORY Tobacco user                             | If yes, how many years?                                      | How many packs per day<br>weelMonthRarely<br>'idowWidower         |   |
| Occupation:   | If retired what did yo                                       | u do?   |   |
| FAMILY HISTORY-if a family r                            | member is deceased please note and                           | list cause of death   |   |
| Father  | <del></del>  |   |   |
| Mother  |  |   |   |
| Sister  |  |   |   |
| Brother(s)  |  |   |   |
| Son(s)  |  |   |   |
| Daughter(s)   |  | ŀ   |   |
| Patient Signature                                       |  | Date  | _ |
| Main Office<br>Phone: 928-763-4270<br>Fax: 928-763-5056 | Sleep Center Phone: 928-763-5055 2020 Silver Creek Rd , A111 | <b>Henderson</b><br>Phone: 702-433-7999<br>178 N. Pecos Rd, # 200 |   |

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Bullhead City, AZ 86442

Henderson, NV 89074



Palo Verde Professional Plaza

## Tri-State Neurological & Sleep Disorder Center **INSURANCE AUTH & ASSIGNMENT**

We strongly feel that all patients deserve the very best medical care that we can provide. Everyone benefits when financial arrangements are agreed upon. We have prepared this material to acquaint you with our policy.

Our professional services are rendered to you, not your insurance company Payment for treatment is your responsibility.

| <u>-</u>  |
|---|
| FINANCIAL AGREEMENT   |
| I have no insurance coverage. I understand that I am responsible for payment of services rendered to myself of dependent at the time of service.  |
| I understand that if I fail to pay amounts owed, the clinic has the right to secure outside collection and/or attorney to unpaid debt including and additional fees with collection the debt and reporting the paid debt to a credit reporting agency.  |
| INSURANCE AUTHORIZATION AND ASSIGNMENT  |
| i hereby authorize the release of any information necessary to process insurance claims for payment of benefits to be made for services rendered to myself and/or dependents.   |
| I understand I am responsible for paying co-payments and deductibles prior to services being rendered.  |
| MEDICARE/MEDIGAP (for Medicare patients only) Medicare #  |
| I authorize medical records or any other information about me to be released to Social Security Administration, Health Care Finance Administration, or any of its intermediaries or carriers as needed for any Medicare related claim. I also authorize a copy of this authorization to be used in place of the original to request payment of medical insurance to the party who accepts assignment. I understand it is mandatory to notify the health care provider of any other party who might be responsible for paying my treatment. (Section 11288 of the Social Security Act and 31U.S.C. 3801-3812 providers penalties for withholding this information) Regulations pertaining to Medicare assignment of benefits also applies. |
| MEDIGAP AUTHORIZATION STATEMENT Policy #  |
| I authorize medical records or any other information about me to be released to process Medigap claims.I also authorize a copy of this authorization to be used in place of the original to request payment of medical insurance to the party who accepts assignment.   |
| There will be a \$25.00 fee on all returned checks. I have read and understand the payment policy and agree to  |
| abide by the policy.  |
| Patient Signature:Date:   |
| I will pay bycashVisaMastercardCheckDiscoverAmerican Express  |
| Main Office         Sleep Center         Henderson           Phone: 928-763-4270         Phone: 928-763-5055         Phone: 702-433-7999           Fax: 928-763-5056         2020 Silver Creek Rd , A111         178 N. Pecos Rd, # 200           3015 Hwy. 95, Suite 109, BHC, AZ. 86442         Bullhead City, AZ 86442         Henderson, NV 89074   |



### PERMISSION TO RELEASE YOUR MEDICATION INFORMATION (VERBAL)

I, the undersigned, give my permission for the persons listed below (family members, significant others, friends, others) to be given information regarding my medical care. This includes all medical records and other diagnostic test results. This authorization is for the release of verbal information only, and does not apply to the release of medical records. A request for copy and/or release of medical records can only be released with a written signature from the patient.

| Print Name           | Relationship | Phone Number |  |
|----------------------|--------------|--------------|--|
| Print Name           | Relationship | Phone Number |  |
| Print Name           | Relationship | Phone Number |  |
| Patient Name (Print) | Signature    | <br>         |  |

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# M.A. NAYER, MD,PC

# Physician Aassistant (PA) / Nurse Practitioner (NP) Consent Form

|  | į   |
|--|---|
| PA/NP is a graduate of his certified training program of a physician, a PA/NP can diagnose, or treat, and remaintenance care. Supervision does not require the rather overseeing of activities and accepting responsible such medical services that are within his/her include 1. Obtaining history and performing physical therapeutic procedures 3. Formulating a working diagram of the procedures of the procedure of the p | the delivery of medical care. A PA/NP is not a doctor. A mand is license by the State Board. Under the supervision monitor acute and chronic diseases as well as provide health ne constant physical present of the supervising physician, sibility for the medical services provided. A PA/NP may reducation, training, and experienced. These services may cal exams 2. Ordering and or performing diagnostic and gnosis 4. Developing and implementing a treatment plan 5. Sention 6. Offering counseling and education 7. Supplying ag appropriate referrals. |
| Ihave read for my health care needs. I understand that at an physician.  | the above, and hereby consent to the services of a PA/NP y time I can refuse to see a PA/NP and request to see a  |
| Patient's( guardian) signature   |   |



# Tri-State Neurological & Sleep Disorder Center MEDICATION LIST

Please list all the medication you currently are taking. It is very important we know everything you are taking. If you under the care of a Pain Management Physician, please list below:

| MEDICATION                       |              | STRENGTH | D            | OSAGE        |
|----------------------------------|--------------|----------|--------------|--------------|
| - i                              |              |          |              |              |
| į.                               |              |          |              | <u> </u>     |
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|                                  | <u> </u>     |          | <del> </del> |              |
|                                  |              |          | _            |              |
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| <del></del>                      |              |          |              |              |
|                                  |              |          |              |              |
|                                  |              |          |              |              |
|                                  |              |          |              |              |
|                                  |              |          | <del></del>  |              |
| Patient Signature                |              |          | Date         |              |
|                                  |              |          |              |              |
| My Pain Management Physician is: |              |          |              |              |
| My preferred pharmacy is         |              |          | _            |              |
| i                                |              |          |              |              |
|                                  |              |          |              | ,            |
| !<br>!                           |              |          |              |              |
|                                  |              |          |              |              |
| Main Office                      | Sleen Contor | Hondo    |              |              |

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## PATIENT RECORD OF DISCLOSURES

| I wish to be                     | contacted in the following   | g manner: (  | check all that apply) |                    | <br>               |
|----------------------------------|--|--------------|-----------------------|--------------------|--------------------|
| Home phone Written communication |  |              |                       |                    |                    |
| Okay to                          | leave detailed message   |              | okay to mai           | il to my home addı | ress               |
| Leave n                          | nessage with call back nun   | nber only    | okay to fax           | to                 |                    |
| Work te                          | lephone !  | _            | Other                 |                    |                    |
| okay to                          | leave detailed massage   |              |                       |                    |                    |
| Leave n                          | nessage with call back # or  | nly          |                       |                    |                    |
| Signature                        |  |              | Print Name            |                    | Date               |
| information                      | y rule requires that we ken (PHI). This accounting PO( treatment, payment, | g does not a | apply to disclosures  |                    |                    |
| Date                             | Request by   | Disclose     | ed to                 | Approved           | Description of PHI |
|                                  |  | <u> </u>     | <u> </u>              |                    | -                  |
|                                  |  | -            | <del></del> -         |                    |                    |
|                                  |  |              |                       |                    |                    |
|                                  |  |              | ·                     |                    |                    |
|                                  |  |              |                       |                    |                    |
| -                                |  |              |                       |                    |                    |
|                                  |  |              |                       |                    |                    |
|                                  |  |              |                       |                    |                    |



# Tri-State Neurological & Sleep Disorder Center EPWORTH SLEEPINESS SCALE

| Name:  | Date:   |              |
|--|---|--------------|
| Age:   | Gender: Male Female   |              |
| How likely are you to d                        | doze off or fall asleep in the following situations, in contrast to feeling               | just tired:  |
| This refers to your usu                        | nal way of life in recent times.  | ;<br>;       |
| Even if you haven't do                         | one some of these thing recently try to work out how they would have a                    | ffected you. |
| Use the following scale answer each question a | e to choose the most appropriate number for each situation. It is import as best you can. | ant that you |
| 0=would  | d never doze  |              |
| 1=slight                                       | t chance of dozing  |              |
| 2=mode   | erate chance of dozing  |              |
| 3=high o                                       | chance of dozing  |              |

### **SITUATION**

| Sitting and reading   |  |
|---|--|
| Watching TV   |  |
| Sitting inactive in a public place –like a theatre or a meeting |  |
| As a passenger in a car for an hour without a break             |  |
| Lying down to rest in the afternoon when circumstances permit   |  |
| Sitting and talking to someone                                  |  |
| Sitting quietly after a lunch without alcohol                   |  |
| In a car, while stopped for a few minutes in traffic            |  |
| total   |  |

#### INFORMED CONSENT FOR IN-PERSON SERVICES DURING COVID-19 PUBLIC HEALTH CRISIS

This document contains important information about our decision (yours and mine) to resume inperson services in light of the COVID-19 public health crisis. Please read this carefully and let me know if you have any questions. When you sign this document, it will be an official agreement between us.

### **Decision to Meet Face-to-Face**

We have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, I may require that we meet via telehealth. If you have concerns about meeting through telehealth, we will talk about it first and try to address any issues. You understand that, if I believe it is necessary, I may determine that we return to telehealth for everyone's well-being.

If you decide at any time that you would feel safer staying with, or returning to, telehealth services, I will respect that decision, as long as it is feasible and clinically appropriate. Reimbursement for telehealth services, however, is also determined by the insurance companies and applicable law, so that is an issue we may also need to discuss.

### **Risks of Opting for In-Person Services**

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service.

### Your Responsibility to Minimize Your Exposure

To obtain services in person, you agree to take certain precautions which will help keep everyone (you, me, and our families, [my other staff] and other patients) safer from exposure, sickness and possible death. If you do not adhere to these safeguards, it may result in our starting / returning to a telehealth arrangement. Initial each to indicate that you understand and agree to these actions:

- You will take your temperature before coming to each appointment. If it is elevated (100 Fahrenheit or more), or if you have other symptoms of the coronavirus, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, I won't charge you our normal cancellation fee.
- You will wait in your car or outside [or in a designated safer waiting area] until no earlier than 5 minutes before our appointment time. \_\_\_\_
- You will wash your hands or use alcohol-based hand sanitizer when you enter the building.
- You will adhere to the safe distancing precautions we have set up in the waiting room and testing/therapy room. For example, you won't move chairs or sit where we have signs asking you not to sit.
- You will wear a mask in all areas of the office (I [and my staff] will too).

You will only keep your in-person appointment if you are symptom free.

You will keep a distance of 6 feet and there will be no physical contact (e.g. no shaking hands) with me [or staff].

| <ul> <li>You will try not to touch your face or eyes with you wash or sanitize your hands</li> <li>If you are bringing your child, you will make sure the and distancing protocols</li> <li>You will take steps between appointments to minimed if you have a job that exposes you to other people me [and my staff] know</li> <li>If your commute or other responsibilities or active (beyond your family), you will let me [and my staff]</li> <li>If a resident of your home tests positive for the infections.</li> </ul>  | nat your child follows all of these sanitation nize your exposure to COVID who are infected, you will immediately let ities put you in close contact with others know ection, you will immediately let me [and my                                      |
|--|--|
| I may change the above precautions if additional local, published. If that happens, we will talk about any necessary My Commitment to Minimize Exposure  My practice has taken steps to reduce the risk of spreadin have posted our efforts on our website and in the office. about these efforts.  If You or I Are Sick  You understand that I am committed to keeping you, me, the spread of this virus. If you show up for an appointmen have a fever or other symptoms, or believe you have been the office immediately. We can follow up with services by the spread of this virus. | g the coronavirus within the office and we Please let me know if you have questions [my staff] and all of our families safe from t and I [or my office staff] believe that you exposed, I will have to require you to leave telehealth as appropriate. |
| If I [or my staff] test positive for the coronavirus, I will no precautions.   | otify you so that you can take appropriate   |
| Your Confidentiality in the Case of Infection  If you have tested positive for the coronavirus, I may be that you have been in the office. If I have to report this, I was necessary for their data collection and will not go into any By signing this form, you are agreeing that I may do so with   | will only provide the minimum information y details about the reason(s) for our visits.  |
| Informed Consent This agreement supplements the general informed consent the start of our work together. Your signature below shows that you agree to these terms  | -  |
| · :  |  |
| Patient/Client Name:   | Date   |
| Signature  |  |