

I am pleased to announce that I am now offering a novel laser therapy, called the MonaLisa Touch<sup>®</sup> in my office. The MonaLisa Touch<sup>®</sup> is designed primarily for postmenopausal women who are suffering from changes in their gynecologic health particularly in regards to vaginal dryness and dyspareunia. Women who experience similar side effects as a result of a hysterectomy or breast cancer treatments may also benefit from gynecologic laser therapy. The MonaLisa Touch<sup>®</sup> delivers gentle fractional CO<sub>2</sub> laser to the vaginal wall tissue. It restores gynecologic health by generating new collagen, elastin and vascularization. Some unique benefits of the procedure are

- o 3 treatments <5 minutes
- o In office procedure
- o Requires no anesthesia
- o Minimal side effects
- o Symptom relief after just one treatment
- o No downtime
- o Thousands of women have been successfully treated since 2012 when the FDA approved this laser for this indication.

This procedure offers an alternative to lubricants or estrogen based therapies. I have included an article published in the journal of the AAGL that describes the procedure in greater detail for your review. If you are a breast cancer survivor or are peri or postmenopausal and are suffering from these changes, please call our office at 415-397-2331 to schedule an appointment for a consultation.