

NYC LASIK: The Process

The Process: Before, During & After NYC LASIK

To get the most from your **NYC LASIK** experience, you must first understand exactly what this type of surgery entails.

Poor eyesight can often be attributed to misshapen corneas. For instance, nearsightedness, or “myopia,” occurs when the cornea is too steep. LASIK surgeons commonly use either [blades or lasers](#) to surgically correct this condition by creating a flap in the cornea and reshaping it to enhance your vision.

[LASIK](#) stands for “Laser-Assisted In Situ Keratomileusis.” LASIK is an FDA-approved outpatient surgery that is very quick (under 15 minutes in most cases) and is virtually painless for most people.

There are [other ways of performing vision correction surgery](#) as well, but the general process you will experience before, during and after surgery is the same:

Before the surgery:

Before scheduling your surgery, you will undergo a screening exam to check the health of your eyes, and to determine the most appropriate LASIK procedure for your specific needs. We must measure your visual acuity, make a digital map of the shape of your cornea, and measure the thickness of your cornea. There may be a few other specialized tests or measurements, but they are all designed to make sure you are a [good candidate for your NYC LASIK](#) surgery and that we can give you the best possible results. Dr. Cohen, our expert surgeon, will explain to you the [benefits and risks of LASIK surgery](#), as well as what to expect after your LASIK procedure.



Day of the surgery:

You will be fully awake for the LASIK procedure. You'll be given a low dose of Valium to relax you and some eye drops to numb your eye(s). Once you enter our surgical suite full of the latest [state-of-the-art LASIK equipment](#), we will place a delicate device around your eyelids to prevent blinking during the short procedure. A flap is made in the cornea, either by microkeratome or laser, and the laser makes corrections to the surface of your cornea. The procedure usually takes only 15-20 minutes and, at the end, Dr. Cohen will replace the corneal flap. Because the cornea and the flap naturally stick to each other a bit like Velcro, no stitches are necessary. You come out of your NYC LASIK procedure with your eyes open and the use of your vision. After Dr. Cohen checks to be sure the flaps are positioned properly for healing, you can go home.



After the surgery:

Dr. Cohen will need see you three times after your surgery – the day after your NYC LASIK surgery, again in three months, and in one year. Depending on the type of procedure you had, your follow-up schedule may vary. We like to keep a close eye on your condition to make sure that [your healing is going according to plan](#). After the surgery, you may resume all physical activities, except swimming (wait for two weeks). You should also avoid rubbing your eyes for at least two weeks after the surgery. You may need to use eye drops for a short period to ensure proper healing.



How to Get Started

To get started on the path to clear vision with NYC LASIK eye surgery, simply schedule a consultation with [Dr. Ilan Cohen](#) at the 5th Avenue Eye Center. He will discuss your options with you in easy-to-understand terms. We take pride in our ability to educate our clients on the LASIK surgery procedures, but you can also bring a spouse or loved one with you to help you understand the choices you have available to help you make the best decision. See [what our patients had to say](#) about Dr. Cohen's care and expertise.

If you have any questions at all or simply want to learn more about our Manhattan LASIK center, about laser eye surgery New York or New Jersey, or other laser vision correction options in NYC, Manhattan, Glendale (Queens), or Old Bridge, New Jersey and surrounding cities, we welcome you to email us, call (212) 764-2020 or (866) 731-3937, or visit us in person.

[Schedule a FREE Consultation!](#)