

Breast Augmentation

This includes Breast Lift, Breast Lift with Implant, and Breast Augmentation

PRE-OPERATIVE INSTRUCTIONS

TWO WEEKS BEFORE SURGERY:

- Laboratory tests and EKG (if they are required) must be done. These must be done so that we have the results 1 week before the procedure.
- Mammogram is usually required.
- **SURGERY WILL NEED TO BE CANCELLED IF THERE IS ANY CHANCE THAT YOU ARE PREGNANT.**
- All fees are due, including surgical, facility and anesthesia unless insurance is covering your costs at 100% and you have *met your deductible/co-insurance* portions. Please contact Connie, our billing manager, should you have any further questions at 512-436-9986.
- Do not take any products containing aspirin, ibuprofen (Advil, Motrin), non-steroidal anti-inflammatory medication or Vitamin E. Tylenol/Tylenol products (acetaminophen) are acceptable.
- Refrain from all nicotine products, including cigarettes, pipe tobacco, chew, e-cigarettes, Vape or Nicotine patch. Nicotine interferes with healthy circulation and may affect the result of your surgery. It also places you at higher risk of complication when receiving anesthesia.

ONE WEEK BEFORE SURGERY:

- Do not drink alcohol 1 week before and after surgery.
- Please ensure that all laboratory tests and/or blood work has been completed by this time as ordered by the Dr. Ditto.

DAY BEFORE SURGERY:

- You will receive a phone call informing you of your arrival time and any specific hospital instructions pertaining to your surgery by the facility.

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT. (This includes water and gum chewing). Surgery may be cancelled if this is not followed. A fasting state is required in order to receive sedation for surgery. The only exception is medication, which will be discussed with you at your pre-op appointment.

Thanks,

Ditto Surgical
512-436-9986