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PRP for Hair Restoration Pre-Treatment Instructions

- If you are taking any blood thinners, please let the doctor know immediately, as they may represent a contra-indication to this treatment. These medications include Plavix, Coumadin and Eliquis.
- Please notify your provider and/or staff if you have a lidocaine allergy, as this medication is utilized during this procedure.
- You may use Tylenol (acetaminophen) as needed prior to the treatment.
- If possible, please refrain from, or minimize, smoking 3 days prior to and 1 day after the treatment. Smoking may impact healing and oxygen delivery to the scalp. Therefore, your results may be improved the longer you are able to stop smoking before and after the treatment.
- Prescription medications (including heart and blood pressure medication) should be taken as prescribed, up to and including the day of and the day after your treatments.
- Minimize alcohol consumption the day prior to your PRP treatment.

The Morning of Your Treatment:

- Shower the morning of your treatment and wash your hair very thoroughly using your regular shampoo. Do not apply sprays, gels, or any other styling products to your hair. If you wear a hair system, please remove it prior to shampooing and do not wear it before your PRP treatments.
- Eat normally the morning of/day of your treatment, and please drink approximately 16 ounces of water at least 2 hours prior to your treatment.