



— PHOENIX —  
FOOT AND ANKLE  
— INSTITUTE —

## Post-Operative Pain Control

**We offer two options to purchase ice therapy post-op. Reduce swelling, pain meds and promote a faster recovery!**

### **Cold and Compression Benefits:**

- Reduction of pain, swelling, edema & muscle spasms
  - Need for less pain medication
  - Faster wound healing
  - Adjustable cold setting
  - Adjustable compression therapy
  - Can alternate between just cold therapy or just compression therapy, if desired



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- Need for less pain medication
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