

Post – Operative Instructions for Penile Prosthesis

What to expect:

1. Small amounts of drainage on your dressings.
2. Pain, tenderness, swelling, and bruising for several days after your surgery.
3. Nausea may be experienced the day of your operation after your return home.
4. You should leave with prescriptions for pain medicine. Use this medication only if necessary as they tend to lead to constipation. As your post-operative pain improves, begin using over the counter ibuprofen 400mg every six hours as needed or Tylenol 650mg every six hours as needed.
5. You should also leave the hospital with an appointment for a post-operative visit with Dr. Colon approximately 2 weeks after your surgery.
6. You should continue the antibiotics that were given to you before surgery to complete a 7 day post-operative course.

Instructions:

1. Keep the dressing on for 48 hours. Use icepacks as much as possible throughout this period, being careful to make sure the ice does not come in direct contact with your skin.
2. If your dressing comes off before this date, leave it off and place a clean, bulky dressing in your scrotal support to compress the area.
3. Position your penis upwards on your abdomen as much as possible.
4. Beginning 48 hours after surgery, use gentle downward traction to pull the pump down towards your feet for one minute, twice daily.
5. Continue wearing the scrotal support as much as possible over the first five post-operative days. If it becomes soiled, you may wash it and wear briefs in the interim.
6. Drink plenty of fluids and eat lightly the remainder of the day of surgery, then return to a normal diet as tolerated.
7. Make sure your bowels function normally, as pain medications are constipating. You may need to use stool softeners to help your bowels function normally.
8. You may shower 48 hours after surgery, but avoid tub baths for 2 full weeks.
9. You may walk around the home and upstairs immediately. Your first two days postoperatively should be mostly spent relaxing in bed or in a chair. No strenuous exercise or heavy lifting (nothing greater than 20 pounds) for six weeks postoperatively.
10. When sitting, raise your legs.
11. Do not drive while using the prescription pain medication.

Call for the following reasons:

1. Fevers over 101 degrees.
2. Excessive drainage from your wound, especially blood or pus, or redness around the wound.
3. Pain or scrotal swelling that is not improving after the first week following surgery.