

Eduardo Besser, M.D.

LASIK PRE-OP DIRECTIONS

Contact Lens Usage: Please **do not wear** a soft contact lens in the eye(s) to be treated for 3 weeks prior to your preoperative exam, and again for 3 weeks before your procedure.

The day before surgery:

- 1) Use Vigamox antibiotic drops, 1 drop in the eye(s) to be treated 4 times a day for 1 day prior to surgery. The easiest schedule for most people to remember is to do one drop at breakfast, one at lunch, one at dinner, and one at bedtime.
- 2) Remove all make-up, including eyeliner and mascara.

Please arrange for someone to drive you to the surgery facility and to drive you home. You will not be able to safely drive yourself home or to take public transportation home after your procedure (due to preoperative medication and blurred vision immediately after surgery). In most cases, patients can drive themselves on the day after surgery. However, it is a good idea to arrange to have someone as a back-up to drive you to your postoperative visit the day after the procedure.

Surgery Day:

- 1) On the morning of surgery, please take all medications as normally prescribed.
- 2) You can eat and drink normally before and after surgery. No fasting is necessary. Remember that you will be in the operating suite for approximately 15 minutes, during which time restroom breaks are not possible.
- 3) Do NOT use any make-up or grooming products with strong fragrance (because of particles which may affect the laser).
- 4) Please dress comfortably for your procedure. If you are more sensitive to cold, you may want to bring a sweater to wear in the laser suite.
- 5) At the surgery facility, you will be given a kit containing the drops and supplies you will need for postoperative care.