

HEALTH TIP



4 PELVIC ORGAN PROLAPSE QUESTIONS ANSWERED

- 1. Does pelvic prolapse only happen to women who have vaginally delivered babies?**

NO. A variety of factors can increase pelvic prolapse risk - including chronic constipation, occupational hazards that involve heavy lifting, certain medical conditions, and more.

- 2. Can pelvic prolapse happen to more organs than the uterus?**

YES. The bladder, rectum, vagina, cervix, urethra, and small intestine are capable of bulging or dropping.

- 3. Is it pelvic organ prolapse only if I see a bulge?**

NO. There are plenty of people who are experiencing pelvic organ prolapse, and its related symptoms, without seeing a bulge.

- 4. Should pelvic organ prolapse be treated?**

YES. If left untreated, the condition can worsen over time and may lead to problems with surrounding organs, including the kidneys.

