







Doctors advise against carrying heavy items, but that didn't stop Jamie Lynn from heaving a big bag of dog food into her SUV on April 1.



HUNTING

Casey is an avid outdoor sportsman. Pregnant Jamie Lynn often joins her fiancé for hunting expeditions.

Jamie Lynn Spears is due in just a few months — and putting her unborn baby at risk

amie Lynn Spears laughed as her fiancé bounced their all-terrain vehicle up a rough dirt road. "Jamie Lynn was holding on, having fun without a care in the world," says an onlooker who saw the pregnant teen, her beau, Casey Aldridge, and his pet pit bull out for a joy ride on a Yamaha 660 4x4 ATV on April 6.

But the day could have spelled disaster for Jamie Lynn, 17, and her unborn baby. Statistics show that ATVs injure approximately 136,000 riders a year and result in 800 deaths annually. "Riding an ATV is a dangerous sport for everyone, but especially

during pregnancy," says Dr. Kevin Jovanovic, Associate Professor at Lenox Hill Hospital in New York, who does not treat the star. "Any sport where you have a propensity to fall should be avoided - and that certainly includes riding ATVs."

Casey, 18, also displayed a shocking lack of common sense by carrying a pistol on his lap as he drove in the woods outside of Liberty, Miss. "He was covered in mud," says the onlooker. "His face, head, everything was splashed with dirt."

But who could blame Jamie Lynn for wanting to recapture her childhood? All she ever wanted was a normal life. A friend of the couple says the Zoey 101 star was a popular student who was disappointed she had to drop out of school to join her showbiz family in Hollywood. "It's been hard," says the friend. "She's really young to be getting married even for these parts."

She's unsupervised

Lately, Jamie Lynn has also been confronting the reality of her new life without the guidance of her parents, Lynne and Jamie, who have been in California taking care of her big sister Britney, who is said to suffer from bipolar disorder.

A friend of the family says, "They were in LA with their other daughter. They can't be in two places at once." And despite rumors,

the friend adds, "And they haven't had a falling out with Jamie Lynn."

On April 4, Jamie Lynn and Casey celebrated her 17th birthday with Parmesan Chicken Pasta at Ruby Tuesday in McComb, Miss. Earlier that day, the couple ran errands at Wal-Mart and Babies "R" Us. "They seemed really close and in their own world," says an onlooker. "She looked at him lovingly."

Friends hope that love and a bit more common sense will get Jamie Lynn through. "She's doing just fine," Monty Hogan, whose son Dane is friends with Jamie Lynn, tells In Touch. "It's not easy being a pregnant kid, but she's going to be okay."