

OBGYN WESTSIDE PRENATAL CARE SCHEDULE

Congratulations on your pregnancy! Here is an overview of your prenatal care visits, which consist of in-office, telemedicine* and ultrasound appointments. All office and lab visits take place at OBGYN Westside. MFM ultrasounds are scheduled by you at either Mount Sinai or Carnegie Imaging**. Please note that visits may need to be modified as your pregnancy progresses. We look forward to guiding you through this special time with you and your growing family.

7-9 weeks	Initial pregnancy office visit: ultrasound, prenatal profile, genetic carrier screening bloodwork.
10-11 weeks	Lab visit: NIPT blood work (appointment needed) Reminder: start taking daily baby aspirin
<u>12 weeks</u>	<u>1ST TRIMESTER NT MFM ULTRASOUND (CVS, if applicable)</u> referral attached
12 weeks	Office or Telemedicine visit
16 weeks	Office visit: neural tube defect screening (msAFP)
<u>16-18 weeks</u>	<u>EARLY ANATOMY MFM ULTRASOUND (Amniocentesis, if applicable)</u> referral attached
20 weeks	Office or Telemedicine visit
<u>20-22 weeks</u>	<u>FOLLOW UP ANATOMY MFM ULTRASOUND</u> referral attached
24 weeks	Office or Telemedicine visit
28 weeks	Office visit: glucose & anemia screening, TDAP vaccine (Rhogam if needed) Hospital preregistration forms; if interested, sign up for childbirth classes (www.fledglingfamilies.com)
32 weeks	Office or Telemedicine visit
<u>32 weeks</u>	<u>GROWTH MFM ULTRASOUND</u>
34 weeks	Office or Telemedicine visit
36 weeks	Office visit: ultrasound to check position, GBS testing
37-40 weeks	Office visits, weekly
40-41+ weeks	Office visits, twice weekly with fetal monitoring until delivery

* For Telemedicine visits, please make sure you have the MyChart app on your phone, and have your most recent blood pressure and weight available

** PLEASE NOTE CARNEGIE IMAGING WILL NOT SEE YOU WITHOUT THE ATTACHED REFERRALS