



Aorta Screening Patient Instructions

An Aorta Screening is a painless test utilizing ultrasound. The technologist will have you lie on your back on a table and they will apply gel to your abdomen. Using a wand, the technologist will be able to take images and measurements of your aorta. Aorta Screenings are scheduled in the morning due to fasting requirements of the test. The test will take approximately 45 minutes.

To ensure the highest quality of the testing, all instructions must be followed. Failure to follow all instructions may cause your appointment to be rescheduled.

Preparation for the Test

- No food or drink after midnight the night before your test.
- Please wear loose fitting clothing which will allow easier access to your abdomen during the test.

What to Bring

- A list of current medications
- Your insurance card
- Photo I.D.

Once your Cardiologist has reviewed your test results, the results of your test will be faxed to your Primary Care Physician. The nurse will contact you by phone with your test results.

The test will be performed at the indicated office:

☐ Cary Office
300 Keisler Drive
Cary, NC 27518
(Suite 100 Check-In)

☐ Dunn Office
145 Tilghman Drive, Suite 100
Dunn, NC 28334

☐ Fuquay-Varina Office
400 Attain Street, Suite 101
Fuquay-Varina, NC 27526

Please arrive 15 minutes prior to your scheduled appointment time.

Your Appointment is scheduled for

_____ at _____ am/pm
Appointments not cancelled 24 hours prior to appointment will result in a cancellation fee.

Failure to follow the above instructions may result in rescheduling your appointment.

If you have any questions or concerns about your Aorta Screening,

Please contact our office at 919-233-0059