



OSHA First Aid – Non Recordable

- **Non-prescription** strength medications
- **X-rays or blood tests** for diagnostic purposes
- **Cleaning, flushing or soaking wounds** on the surface of the skin
- **Hot or cold therapy**
- **Foreign body from the eye** with use or irrigation or cotton swab only
- **Draining fluid** from a blister
- **Drilling a fingernail or toenail** to relieve pressure
- **Removing splinters or foreign material** from areas other than the eye by irrigation, tweezers, cotton swabs or other simple means
- **Wound coverings** such as gauze pads, bandages, Band-Aids, butterfly bandages or Steri-Strips
- **Eye patches**
- **Tetanus** vaccine
- **Non-rigid means of support** such as elastic bandages, wraps, non-rigid back belts
- **Temporary immobilization devices** for transporting accident patients
- **Finger guards**
- **Massage**
- **Drinking fluids** for heat stress relief

OSHA Recordable

- **Work Restrictions or transfer to another job** beyond the day of injury
- **Days away from work** other than the day of injury
- **Physical Therapy or Chiropractic Care**
- **Prescription medication or over the counter medication at prescription strength**
- **Loss of consciousness or death**
- **Wound closures** using sutures, staples or medical glue
- **Significant injury or illness** diagnosed by a licensed health care professional such as cancer or chronic irreversible disease.
- **Fractured or cracked bone**
- **Punctured eardrum or significant hearing loss**
- *Any treatment that is not listed above should be presumed to be OSHA recordable.*

Cal-OSHA General Recording Criteria 14300.7 has outlined the above to determine whether an injury falls under the First Aid/Non-Recordable or Medical Treatment/Recordable.