

WHAT IS SHORT ACTING INSULIN?

Short Acting Insulin 101:

A very basic explanation

Short acting insulin goes by a few other names: "quick" or "meal-time," so do not be confused if your doctor interchanges the names. "Meal time" insulin is the best name to describe it because the insulin is released quickly to cover the rise in your blood sugar caused by carbohydrates. These injections can be several times per day. The insulin starts working in 30 minutes and last around 4 hours. Some newer insulins are rapid in 15 minutes.

Starting short acting insulin is a difficult task. Call Evolve Diabetes if you are starting insulin and have questions or want a different way.

COMMON BRAND NAMES

- Humalog
- Novolog
- Fiasp
- Lyumjev
- Affreza
- Apidra