

# Prepopik®

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) for oral solution  
10 mg/3.5 g/12 g per packet

## PATIENT INSTRUCTION SHEET

### DAY-BEFORE regimen

Afternoon AND late evening before the procedure

YOUR COLONOSCOPY IS SCHEDULED FOR DATE  /  /  TIME  :  AM

The day before your colonoscopy begin a clear liquid diet (no solid food or milk) and remember to stay well-hydrated

#### PACKET 1

The afternoon of the day before your colonoscopy

DATE  /  /

START TIME  4 PM

(Between 4–6 PM)

#### IMPORTANT

Drink plenty of clear liquids throughout the entire day to stay hydrated. See approved clear liquids on reverse side.

#### STEP ONE

- Fill the dosing cup provided with cold water up to the lower (5-ounce) line
- Pour in the contents of ONE (1) packet and stir for 2-3 minutes until dissolved
- Drink the entire contents



#### STEP TWO

Follow with FIVE (5) 8-ounce drinks of clear liquid, taken at your own pace within the next 5 hours



See approved clear liquids on reverse side.

#### PACKET 2

The late evening of the day before your colonoscopy

DATE  /  /

START TIME  7 PM

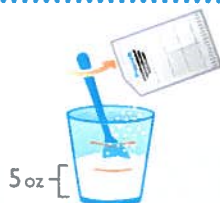
(10PM–12AM)

#### REMINDER

Drink clear liquids to stay hydrated up until 2 hours before colonoscopy. See approved clear liquids on reverse side.

#### STEP ONE

- Fill the dosing cup provided with cold water up to the lower (5-ounce) line
- Pour in the contents of ONE (1) packet and stir for 2-3 minutes until dissolved
- Drink the entire contents



#### STEP TWO

Follow with THREE (3) 8-ounce drinks of clear liquid within 5 hours, before the colonoscopy



NOTE: You must finish all liquids at least 2 hours before your colonoscopy.

#### Indication and Important Safety Information

Prepopik is a prescription medicine used by adults to clean the colon before a colonoscopy. Prepopik cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

- Do not take Prepopik if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in Prepopik
- Tell your healthcare provider right away if you have any of these symptoms of a loss of too much body fluid (dehydration) while taking Prepopik: vomiting that prevents you from keeping down the additional prescribed amounts of clear liquids that you must drink after taking Prepopik, dizziness, urinating less often than normal, or headache (**Important Safety Information continued on the other side**)

Please see Important Safety Information on reverse side. Please see accompanying full Product Information.

Additional information on reverse side. ▶