

PLEASE REVIEW FOR
UPCOMING APPOINTMENT

931.484.6061
www.cumberlanddermatology.com

Cumberland Dermatology

Cumberland Dermatology, P.C.
29 Taylor Ave, Suite 101
Crossville, TN 38555

PRE-OP INSTRUCTIONS

1. Please go to www.cumberlanddermatology.com/explore to review information about your upcoming procedure. If you are unable to access this, please contact our office and we can either mail it or e-mail it to you.
 2. If you are scheduled for Mohs, be aware that this procedure can last between 4 – 8 hours
 3. If you do not receive a call a few days prior to your appointment, please call our office to confirm and to review pre-op instructions.
 4. Stop **alcohol** 7 days prior to surgery.
 5. If you are currently taking **Coumadin** or **Warfarin** you will need to have an INR blood test completed either the day before surgery or the day of surgery. Your INR needs to be below 3.0.
 6. If you are currently taking more than one blood thinner, please talk to your prescribing physician about the possibility of going down to one for the surgery. Please notify us of your physician's decision.
 7. Stop **Vitamin E** and **Fish Oil** 10 days prior to surgery. If Vitamin E and/or Fish Oil is in your multivitamin, please stop that as well.
 8. Stop **NSAIDS** 7 days before surgery. Common NSAIDS are: **Advil**, Aleve, Anaprox, aspirin, celecoxib, Celebrex, Cambia, Cataflam, Daypro, diclofenac, Feldene, **ibuprofen**, Indocin, **Motrin**, Naprelan, Naprosyn, naproxen, salsalate, sulindac, tolmetin, Voltaren, Zipsor, Zorvolex.
 9. Payment will be due the day of surgery. Please contact our office if you have not been given a quote.
 10. If you have any questions about your upcoming procedure, feel free to call or e-mail our office.
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APPOINTMENT REMINDER

You have an appointment with our office scheduled on _____

at _____ a.m. / p.m.

Location(s): 29 Taylor Ave. Suite 101

303 N Oak Ave.

Crossville, TN 38555

Cookeville, TN 38501

Your healthcare provider will be: _____

We understand that situations arise in which you must cancel your appointment.

It is therefore requested that if you must cancel your appointment,
please provide more than a 24 hour notice.

**Remember, your appointment may be canceled for your
safety if you do not follow all pre-op instructions.**

You may call our office with questions during our normal
business hours. Mon - Thu: 7am-5pm and Fri: 8am-3:30pm.

931-484-6061

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