

Digestive Disease Specialists

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EGD Dilation EUS ERCP Prep Instructions

PLEASE BE ON TIME!

Appointment Day: Date: Arrival Time:

Location: Regional SurgiCenter 545 Valley View Dr. Moline, IL 61265

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DIABETIC YES / NO

YES / NO

INR

Stop Blood Thinner/Anti-Coagulant,

, on

Day of your procedure

- Do not eat any solid food or milk products after **Midnight** until after your procedure.
- Drink only clear liquids. Avoid all red or purple colored liquids.
- Water

- Soft drinks
- Fruit Juices (no pulp)
- Jell-O

Popsicles

- Kool Aid
- Gatorade / sports drinks
- Coffee or tea (no milk or cream)
- Clear broth or bouillon
- Take blood pressure, heart, lung and seizure medication with sips of water.
- Nothing to drink 2 hours prior to arrival time: (You may gargle, but do not swallow any liquid.)
- Do not smoke after midnight.

** Arrange to have an adult bring you to your appointment, stay there and take you home after your test**

Menstruating females will be required to give a urine sample

Please bring this sheet and an updated medicine list

Following your procedure:

- Expect to be groggy, possibly requiring a nap.
- Bloated or perhaps abdominal pain that should improve after a few hours.
- No Driving, signing legal documents or returning to work within 12 hours after procedure.

The day after:

Should be able to return to normal activity, such as work and light exercise.

If you have questions, need to cancel or reschedule, please call PHONE: 309-601-2800 • FAX: 309-601-2801