Aspen Family Care Demographic & Billing Information Sheet

Patient Information

Legal Name (First, MI, Last)	SS#	Date of Birth
Address	Primary Phone#	Secondary Phone#
City, State, Zip	Email	

Marital Status	Gender	Preferred Language	Ethnicity
❒ Single ❒ Divorced ❒ Married ❒ Widowed	❒ Female ❒ Male	❒ English ❒ Spanish ❒ Other:___________	❒ Hispanic or Latino ❒ Not Hispanic or Latino ❒ Decline

Race
❒ American Indian/Alaska Native ❒ Asian ❒ Native Hawaiian/Pacific Islander ❒ Black or African American ❒ White
❒ Other:_______________ ❒ Decline

New Patients

Who may we thank for your referral to our practice?
❒ Family Member/Friend:____________________ ❒ Dr.______________________ ❒ Insurance Company ❒ Other

Please Complete the Following Parent Information if Patient is Age 17 or Under:

Mother's Name (First, MI, Last):	Employer
Mother's Address ❒ **Same as patient**	Phone
Mother's City, State, Zip	
Father's Name (First, MI, Last):	Employer
Father's Address ❒ **Same as patient**	Phone
Father's City, State, Zip	

Insurance Information:

	Primary Insurance	**Secondary Insurance**
Insurance Company		
Policy Holder Name		
Policy Holder SSN		
Policy ID Number		
Policy Group Number		
Policy Holder Employer		
Relationship to Policy Holder		

Signature **(Must be a parent or guardian for children 17 and under)** **Date**

1=PI 2=Insurance Card 3=HIPAA 4=ID 5=Financial Policy

Aspen Family Care/Aspen Medical Aesthetics Patient Consent

Patient Name: ________________________________ **Date of Birth:** ____________________

- **Consent for Treatment:** I, the undersigned, voluntarily agree to the tests, procedures, and/or treatments which the physician has deemed necessary and which are administered to or performed on me under the direction of the physician or his/her designee.

- **Consent for Treatment of Minors:** I, the undersigned, understand that a minor child (17 and under) must have my consent to be treated. I understand that I must be present at each appointment for any child aged 14 and under. If the child is between the ages of 15 and 17, I understand that I must send a note with the child to the appointment consenting for the child to be treated. The notes must contain the date, a statement of consent, and my signature. Further, I understand that consent for treatment does not alter the legal requirements for confidentiality. I also understand that Colorado Law provides for minors to seek care without parental consent for certain issues.

- **Consent to receive one (1) monthly newsletter email from Aspen Family Care and Aspen Medical Aesthetics**
  - ❐ Yes ❐ No
  - ❐ Email Address:____

- **Consent to Communicate Medical Results:** I, the undersigned, understand that medical results will be communicated directly to me unless I specifically identify individuals to whom information may be communicated (see box below to authorize other family members to receive results). Please indicate how we may inform you of test results (check all that apply):
  - ❐ Call my work number: ____________________Okay to leave voice mail at work? ❐ Yes ❐ No
    (The only message we will leave with a coworker is a note to call with our name and number.)
  - ❐ Call my cell phone: ______________________Okay to leave voice mail on cell? ❐ Yes ❐ No
  - ❐ Call my home number: ____________________Okay to leave voice mail at home? ❐ Yes ❐ No
    In the event that I am not available to receive medical results when called upon, I authorize Aspen Family Care to leave medical information with any of the names identified below. It is my responsibility to notify these persons that such information may be left with them and I agree not to hold Aspen Family Care responsible for information not conveyed to me through these persons.

- **I hereby acknowledge that I received Aspen Family Care/Aspen Medical Aesthetics' Notice of Privacy Practices.**

Family Information *(Please list all other members of your household even if not authorized to receive results.)*

Name (First MI Last)	Male	Female	Date of Birth	Relation	*OK to release results?
Name (First MI Last)	Male ❑	Female ❑	Date of Birth	Relation	*OK to release results? NO ❑ YES ❑
Name (First MI Last)	Male ❑	Female ❑	Date of Birth	Relation	*OK to release results? NO ❑ YES ❑
Name (First MI Last)	Male ❑	Female ❑	Date of Birth	Relation	*OK to release results? NO ❑ YES ❑
Name (First MI Last)	Male ❑	Female ❑	Date of Birth	Relation	*OK to release results? NO ❑ YES ❑
Name (First MI Last)	Male ❑	Female ❑	Date of Birth	Relation	*OK to release results? NO ❑ YES ❑
Name (First MI Last)	Male ❑	Female ❑	Date of Birth	Relation	*OK to release results? NO ❑ YES ❑

Emergency Contact information

Name of nearest relative or close friend not living with the patient		
Name	Relation	Phone
Name of relative or friend to contact in case of an emergency		
Name	Relation	Phone

X____

Signature (Must be a parent or guardian for children 17 and under) Date

****

For Future Use:

______ Initials/Date	______ Initials/Date	______ Initials/Date	______ Initials/Date
I have reviewed the above information contained on this form and have no additional changes.			

Aspen Family Care Financial Policy

Patient Name:____D.O.B.___________________

Welcome to Aspen Family Care, PLLC. We are committed to giving you the best care possible. We would like to take this opportunity to inform you of our office policy.

We will bill insurance claims as a courtesy to our patients provided we have your current insurance information, if not; you will be responsible for payment at the time of service. We accept payment from insurance companies, but require that you pay your portion, including co-pays, deductibles or coinsurance at the time of service. In accordance with our participation agreements with third-party payers, we cannot waive or discount co-payments. Payment is due upon receipt for any balance that is billed to you.

Changing or re-coding claims once they have been submitted constitutes fraud and we **do not** do this under any circumstances.

If multiple or complex medical issues are discussed and managed at a routine physical exam, an additional office visit may be billed and any subsequent charges will be your responsibility.

The office bills only for services performed by our providers. The laboratory companies are a separate entity, and will bill you or your insurance company for labs that are performed. If you have any questions regarding your lab bill, please contact that laboratory or your insurance company.

As a courtesy, we attempt to contact every patient to remind them of their appointment; however, it is the responsibility of the patient to arrive on time whether or not a reminder call was received. We ask that you notify us 48 business hours in advance to cancel and/or reschedule your appointment. Please be aware that failure to do so may result in a missed appointment fee of $25.00 and $50.00 for a missed physical, well-child exam or procedure.

Returned checks will incur a $30 service charge.

It is your responsibility to notify our office if there is a change of name, insurance coverage, residence, and/or phone number.

We **do not** participate with Medicare or Medicaid; we attempt to notify every patient prior to their age of being eligible for Medicare; however it is the responsibility of the patient to seek a Medicare participating provider.

In the event that your account was paid late, placed on a payment plan, or your account is placed in collection status, any additional fees incurred due to this, will be added to your outstanding balance. This includes but is not limited to late fees, collections agency fees, court costs, interest and fines. If the account is sent to collections or if we receive a bankruptcy notification we reserve the right to dismiss you as well as any family members from the practice.

Business hours are from 7:30am to 5:00pm Monday through Friday. Medical care received before or after these hours or on weekends, as well as emergent office visits without appointments, may have additional fees per standard billing procedures. Currently, these charges may be up to $50 per visit.

Please sign below so that we may confirm that you have read and understand our office policy regarding insurance and your responsibilities as a patient of Aspen Family Care.

____________________________________ _____________________________
Name (Please Print) Date

____
Signature of Patient or Responsible Party

Dear Patient:

Promoting health and treating illness are important to all of us. We understand this complicated process can be confusing, especially when multiple parties are involved (including lab services, radiology, referrals, etc). As partners in your health, Aspen Family Care providers recommend testing based on our extensive education and experience, always keeping your best health interests in mind. Because healthcare is our specialty, we stay up to date on the latest technology and testing to assist in such management.

As part of increasing complexity in payor systems, it is important that you, the patient, be aware of how your insurance plan works and to know which lab your plan is contracted with. With insurance plans constantly changing it is impossible for us to know your individual coverage of services with third parties, particularly lab services. There is a current trend to limit laboratory coverage with many insurances. Tests that may have been covered in the past may not be covered now. If this is a concern to you, we recommend you contact your insurance company FIRST with the specific ICD-10 and CPT codes to find out what they cover BEFORE getting your laboratory work done. We also recommend contacting your insurance company to find out how all types of office visits are covered by your plan.

ICD-10 codes are diagnosis codes used to communicate to your insurance company why labs are ordered. These codes are located on your laboratory requisition form.

CPT codes are used to communicate with your insurance company what specific labs are ordered. To obtain these codes, you will need to contact the lab and ask them to look up the codes for the various testing placed on your lab requisition.

Should you choose not to proceed with testing as recommended, it is important you know that this can result in undiagnosed illness, late diagnosis, or poor medical management of conditions. This can affect quality of life, as well as increase risk of death with certain conditions. In this situation, it is to be understood that not completing testing as recommended would be against medical advice and the responsibility for issues that could arise from the not doing testing is yours.

Labs often offer discounted rates for labs not covered. However to take advantage of this, they must know you plan on paying prior to billing of insurances. Once billed, if denied, the balance is typically billed at full price.

Thank you very much.

Aspen Family Care

______________________________	______________________________________	________________
Patient Name	Patient/Guardian Signature	Date

NAME/DOB: ____ ____/___/______**DATE:** ___________

Please fill out the below review of medical symptoms and history. Place a check mark in the box if you have been experiencing any of the mentioned symptoms or if a diagnosis/condition applies to you. Thank you.

Constitutional: ☐ ***None of the below***

☐Weight loss or gain ☐Poor appetite ☐Fever ☐Chills ☐Weakness ☐Fatigue ☐Sleep problems

Eyes: ☐ ***None of the below***

☐Blurred vision ☐Double vision ☐Color blindness ☐Cataracts ☐ Eye pain ☐Glaucoma ☐ Last ophthalmologic exam: ___________________

Ears, Nose, Mouth, Throat: ☐ ***None of the below***

☐Decreased hearing ☐Ringing in ears ☐Frequent nose bleeds ☐Mouth/gum bleeding ☐Dentures ☐Hoarseness of voice
☐Pain/trouble swallowing ☐Chronic sore throat ☐Frequent strep throat ☐Mouth sores ☐Change in smell

Cardiovascular: ☐ ***None of the below***

☐Chest pain/angina ☐Heart attack ☐High blood pressure ☐ Heart valve abnormality ☐Rheumatic fever ☐Leg pain with walking
☐Heart murmur ☐ Low blood pressure ☐Heart skipping beats/palpitations ☐High cholesterol

Respiratory: ☐ ***None of the below***

☐Cough ☐ Chronic bronchitis ☐Asthma/wheezing ☐ Coughing up blood ☐Tuberculosis ☐Shortness of breath ☐History of smoking
☐COPD/Emphysema

Gastrointestinal: ☐ ***None of the below***

☐Nausea or vomiting ☐Vomit of blood ☐Chronic diarrhea ☐Constipation ☐Abdominal/stomach pain ☐Indigestion/"GERD" ☐Gallstones
☐Dark or black stools ☐Rectal bleeding ☐Jaundice(yellow skin) ☐Hepatitis ☐Gallbladder problems ☐Irritable bowel ☐Hemorrhoids
☐Ulcerative colitis/Crohn's Disease ☐Stomach ulcers ☐Frequent antacid use ☐Frequent laxative use ☐Stool changes (size/color)

Musculoskeletal: ☐ ***None of the below***

☐Muscle pain ☐Joint pain ☐Joint swelling ☐Joint stiffness ☐Serious injury/fracture

Skin, Hair, Nails: ☐ ***None of the below***

☐Rash ☐Changing moles ☐Skin infections ☐Itching ☐Hair loss/thinning ☐Nail changes ☐Nail fungal infections ☐Skin cancer
☐Severe sun burns

Neurological: ☐ ***None of the below***

☐Headaches ☐Dizziness ☐Seizures ☐Memory loss/forgetful ☐Strokes/TIA's ☐Tremor ☐Frequent falls or clumsiness
☐Passing out or fainting

Mood, Thinking: ☐ ***None of the below***

☐Nervousness/anxiety ☐Depression ☐Bipolar illness ☐Unusual fears ☐Suicidal thoughts ☐Homicidal thoughts ☐Anorexia/Bulimia
☐Lack of enjoyment ☐Prior psychiatric illness ☐ADD or ADHD ☐Concentration issues ☐Motivation issues
☐Prior treatment with psychiatric medication ☐Prior suicide attempt or hospitalization for mental illness

Endocrine: ☐ ***None of the below***

☐Diabetes/Insulin resistance ☐Thyroid disorder ☐Heat/cold intolerance ☐Pituitary disorder ☐Adrenal gland disorder ☐Parathyroid disorder

Hematologic, Lymphatic, Cancers: ☐ ***None of the below***

☐Anemia ☐Bleeding disorders ☐History of blood clots ☐Blood transfusions ☐Coagulation disorder ☐Hemachromatosis ☐Thallasemia
☐B12 or other vitamin deficiency ☐Any prior diagnosis of cancer of any type (please list):____

Allergic, Immunologic: ☐ ***None of the below***

☐Hives/Urticaria ☐Frequent illnesses/infections ☐Seasonal/chronic allergies ☐Other (please list):____

Genitourinary: ☐ ***None of the below***

☐Pain/burning urination ☐Urinary urgency ☐Urinary hesitation ☐Kidney infections ☐More nighttime urination ☐Urine stream changes
☐Blood in urine ☐Leaking of urine ☐Kidney stones ☐Bladder infections ☐More frequent urination

Sexual History: ☐ ***None of the below***

☐Are you or have you been sexually active? ☐Pain with sexual activity ☐Changes in sexual desire ☐Total # of sexual partners:________________
☐Are you sexually attracted to men, women or both? (please circle)
☐Chlamydia ☐Gonorrhea ☐Genital herpes ☐Genital warts /"HPV" ☐Syphilis ☐HIV/AIDS ☐Other STD(please list):_____________________

Male only: ☐ ***None of the below***

☐Prostate problems ☐Erectile dysfunction ☐Testicular lumps/pain ☐Testosterone Deficiency

Female only: ☐ ***None of the below***

☐Total # of pregnancies: ___________________ ☐Age when you had your first period: ______________ ☐Menstrual cramps ☐Pain with ovulation
☐# of delivered children: ___________________ ☐# of days on average between periods: ___________ ☐Vaginal discharge/itching/odor
☐# of miscarriages: _______________________ ☐How long does your period last: ________________ ☐PMS ☐Hot flashes ☐Hormone use
☐# of abortions:__________________________ ☐Light/moderate/heavy flow (please circle) ☐Biopsies of uterine lining ☐Breast biopsies
☐# of fetal or child deaths: ________________ ☐Day last menstrual period started: ______________ ☐Breast lumps ☐Nipple discharge
☐Your age at first live birth: _______________ ☐Last pap smear: ___________________________ ☐History of breast feeding
☐Birth control use (please list type):___________ ☐History of abnormal pap smear: ________________ ☐Last mammogram: ___________________

Aspen Family Care

Allergy Questionnaire
Intake Form

Date:	
Patient Name:	D.O.B.:
Phone Number:	

Questions:	Yes	No
Do you experience any of these symptoms more than twice a year?: Cough, cold, congestion, difficulty breathing, headaches, runny nose, sore throat, itchy/irritated eyes, sinus pain, ear pain, unexpected fatigue, skin irritation, snoring?	❒	❒
Have you ever been diagnosed with asthma or bronchitis?	❒	❒
Do you experience symptoms of allergies?	❒	❒
Are you interested in an Allergy Evaluation in our office?	❒	❒

If you answered "Yes" to any of the above questions, please continue to the backside of this form.

For Office Use:	
Reviewed By:	**Patient Contacted?** ❒ Yes ❒ No Date/Time:
Appointment Scheduled? ❒ Yes ❒ No **Date/Time:**	

Allergy Questionnaire – Part II

1. What symptoms are you experiencing (From #1 on front page)?
   ____
2. How often do you experience these symptoms?________________________
3. Do you have any of these symptoms

   ❐ Cough
   ❐ Wheezing
   ❐ Shortness of Breath
   ❐ Chest Tightness
   ❐ Sneezing
   ❐ Phlegm/sputum Color:________
   ❐ Runny Nose
   ❐ Nasal Congestion
   ❐ Itchy Nose
   ❐ Itchy/Watery Eyes
   ❐ Postnasal Drip
   ❐ Nasal Polyps
   ❐ Poor Sense of Smell
   ❐ Ear Infection
   ❐ Sinus Infection
   ❐ Blocked Ears
   ❐ Other:
   ❐ Eczema
   ❐ Hives/Swelling
   ❐ Headaches
   ❐ Snoring
   ❐ Fatigue

4. Which of the following seems to bother you or trigger/cause the above symptoms?

   ❐ Grass
   ❐ Nervousness
   ❐ House Dust
   ❐ Perfumes
   ❐ Other Animals
   ❐ Leaves
   ❐ Latex (rubber)
   ❐ Cats
   ❐ Hay
   ❐ Cold Air
   ❐ Smoke
   ❐ Insecticides
   ❐ Alcoholic Beverages
   ❐ Insect Bits/stings
   ❐ Cosmetics
   ❐ Dogs
   ❐ Mold & Mildew
   ❐ Humidity
   ❐ Pollution
   ❐ Odors
   ❐ Insect Bites
   ❐ Drafts
   ❐ Aerosol Sprays
   ❐ Horses
   ❐ Basements
   ❐ Weather Changes
   ❐ Exercise
   ❐ Foods (List foods/reaction):____
   ❐ Other (List sources/reaction):____

5. When are your symptoms worst? ❐ Year Round

   ❐ January
   ❐ February
   ❐ March
   ❐ April
   ❐ May
   ❐ June
   ❐ July
   ❐ August
   ❐ September
   ❐ October
   ❐ November
   ❐ December
   ❐

	Yes	No
6. Are your symptoms better away from home?	❐	❐
7. Have you ever had an allergy skin test or blood test?	❐	❐
8. Have you ever had allergy injections?	❐	❐
9. Have you received cortisone (prednisone, methylprednisone, etc.) drugs?	❐	❐
10. Are you on allergy medications?	❐	❐

What meds?____________________ How long?_____________

11. What is your occupation (current or former)?

For Office Use		
Is Patient:	**Yes**	**No**
Using beta blocker?	❐	❐
Pregnant?	❐	❐
Significantly immunocompromised?	❐	❐
Malignancy?	❐	❐
Severe chronic illness?	❐	❐
If yes to above, select blood test		
Wheezing or difficulty breathing?	❐	❐
Experiencing active hives or extensive dermatitis?	❐	❐
If yes to above, treat symptoms and schedule for another day		
Having symptoms consistent with food allergies?	❐	❐
If yes, to above, consider skin panel and food panel		
Indications: Inhalant Panels ❐ Skin Test ❐Blood Test Food Panels ❐ Skin Test ❐Blood Test		
Schedule skin test for:		
Reviewed By:		

New Patient/ Adult Physicals

Patient Name:____ D.O.B.________________ Date:__________________

Social History-

☐ Married ☐ Single ☐ Divorced; # of children______, Occupation____

Tobacco use-

☐ Never ☐ Social Packs per day-_________for # years___________, Quit- year_________

Alcohol use- # of drinks_________per ☐ Day ☐ Week ☐ Month **Marijuana/ Illicit Drug Use-**________________________

Do you have any allergies to medication? Please list ☐ **N/A**

____

____

Have you had any previous surgeries? Please list ☐ **N/A**

____

____

Medical Problems/ History:

____

____

____

____

Family History: Please include the <u>AGE</u> it began—Heart issues, cancer (and type if known), stroke, hypertension, cholesterol, diabetes

☐ Father ____ ☐ Mother ____

☐ Paternal Grandmother______________________________ ☐ Maternal Grandmother ______________________________

☐ Paternal Grandfather ______________________________ ☐ Maternal Grandfather ______________________________

☐ Paternal Aunt ____________________________________ ☐ Maternal Aunt ____________________________________

☐ Paternal Uncle ___________________________________ ☐ Maternal Uncle ___________________________________

☐ Siblings ____

Health Maintenance

Females Only:

Last Mammogram:______________________

Last Pap:______________________________

Last Menstrual Period:__________________

Birth Control: Y / N _____________________

Postmenopausal: Y / N When? _____________

Bone Density: Y / N When? ______________

Hysterectomy: Y / N When? _____________

Patients over 50:

Colonoscopy: Y / N When?___________________________

Shingles Vaccine: Y / N When?________________________

All Patients:

Last Tetanus Shot:_______________

Last Flu Shot: __________________