

# HEALTH TIP

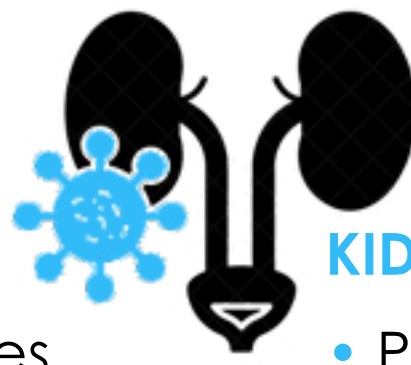
## BLADDER INFECTION OR KIDNEY INFECTION – WHAT'S THE DIFFERENCE?

**Though both affect the urinary tract, knowing the difference between symptoms of a kidney or bladder infection is important:**



### BLADDER INFECTION

- Painful, burning, sometimes frequent urination
- Lower abdominal pain
- Low-grade fever
- Persistent urge to urinate
- Strong-smelling urine



### KIDNEY INFECTION

- Painful, burning, frequent urination
- High grade fevers with chills associated
- Sudden onset of flank pain that quickly worsens, often requiring hospitalization and antibiotics
- Nausea and vomiting
- Cloudy, dark, bloody, or foul-smelling urine

**Whether a bladder or kidney infection, urgent medical attention is required in order to stop the infection from worsening.**

