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WOODLAND HILLS, CA (September 28) — While establishing herself as one of the foremost doctors and healers in the world over the past 40 years, Dr. Gayle Madeleine Randall has always focused on the much bigger picture: raising the health and consciousness of her patients and the world.

Now, the medical futurist and pioneer in integrative and alternative medicine is enjoying strong reviews and support for her breakthrough podcast, *Soul Stories*. The podcast, which airs every Monday on all audio platforms, features guests from around the world who are serving the higher consciousness of the planet through their lives and their work.

“I was impassioned to create a platform that would raise consciousness,” Dr. Randall says. “I thought, what better way than to have people on my show who have achieved a higher level of consciousness or have done or been involved in works to benefit humanity and the planet? By

hearing the stories of these special people, we all have the opportunity to click into a higher vibration.”

Now in its second season, *Soul Stories* is an engrossing hour-long conversation between Dr. Randall and her guests that addresses an essential premise: *how do I extend the work that feeds my soul to uplift others, and what has been the outcome of doing so?* Because Dr. Randall centers each show on the work, personality and contributions of her guests, every show is entirely different — leading to one of the most diverse health/wellness and global awareness podcasts available today.

“I have interviewed and dealt with people and cultures all over the world as a physician/healer all of my life,” Dr. Randall explains. “What I have learned, in my own self-growth and in my guests, are certain things enlightened people have in common: their purpose and meaning, personal associations and family support, a feeling of gratitude, and belief in a higher power. And above all, a future vision of the planet and humanity through collective consciousness.”

Dr. Randall’s guests create a wide swath, from film stars to medical pioneers, health and wellness experts to musicians, athletes who overcame great odds to bestselling authors, and many more.

Among her nearly 40 guests to this point:

- Golden Globe-award winning actress Olivia Hussey-Eisley, who achieved world fame in *Romeo and Juliet*;
- *New York Times* bestselling author Dr. Emeran Mayer, who wrote *Mind Gut Connection*

and also the Foreword to Dr. Randall's forthcoming book *Soul Doctoring*;

- Dr. Danielle Delaney, Powerful Black spokeswoman. Th.D. Crisis Intervention Counselor, specialist in Addiction & Recovery Aftercare, Rape Crisis Counselor, Interfaith Spiritual Counselor, Sober Coach and Interventionist. Specializes in Special Victims/Crime Survivors. Author of award-winning *Expect Delays: How to Reclaim Your Life, Light and Soul After Trauma*.
- Founders Russ Conser and Todd Churchill of Blue Nest Beef, Restorative Farmers who raise organic, grass-fed beef, chicken and other animals.
- Renowned public speaker Richard Greene; Visionary and political activist speaks about what's next for us here & life after Trump.
- Tarabu Betseraï Kirkland, director and producer of *One Hundred Years from*

*Mississippi*, winner of numerous best documentary awards, including the Harlem International, National Black Film Festival, and Indianapolis Black Film Festival.

- Sara Gepp, Apple-certified IT and marketing expert; Sara is the Founder of Close to the Earth IT Services based in Malibu, CA. She is an Apple Certified member of the Apple Consultants Network, Apple ACN Advisory Board Member, Speaker, You Tuber and advocate for women in the technology field.

- 100-year-old Gladys McGarey, co-founder of the American Holistic Medical Association and the Mother of Holistic Medicine;
- Nobuko Miyamoto, Smithsonian-recognized musician and author of *Not Yo Butterfly*;
- Reena Freedman Watts, host of the popular podcast *Better Ask Daddy* and renowned podcaster of more than 20,000 shows, Marketer and Entrepreneur.

“They have all been through significant experiences and learning that has led them to their meaning and purpose in life,” Dr. Randall said of these and her other guests/ “That in and of itself is transforming and transcendent.”

Each episode of *Soul Stories* takes on a life of its own, owing to the open conversational format. Dr. Randall uses her vast experience to draw out her guests from their deeper hearts and souls; every show is far more than a simple intellectual discussion. So powerful are the podcasts that it is not uncommon for her — and viewers and listeners — to witness personal transformation during the process of the show.

“Two of my favorite moments were when Olivia Hussey transformed before my eyes and ears into the young actress that was impassioned by acting and sharing her emotion and light on stage,” Dr. Randall recalls. “Also, when Emeran Mayer shared stories that helped shape him into the profound leader and author he is, stories he never before shared with any of his colleagues.”

*Soul Stories* airs every Monday on iTunes, Google, Spotify, Anchor, Pocketcasts, and all other podcast platforms. All of the archived podcasts from Seasons 1 and 2 are also available on Dr. Randall's website, [www.drgmrandall.com/contents/soulstories-podcast](http://www.drgmrandall.com/contents/soulstories-podcast).

For more information, or to arrange an interview with Dr. Randall, please contact Robert Yehling of Word Journeys at (917) 826-7880, or Dr. Randall at (818) 591-7600.