## HEALTH TIP



## 3 MAJOR VASECTOMY MYTHS VS. FACTS

For men considering vasectomy as a permanent birth control option, it's crucial to separate the facts from the myths.



**FACT –** A vasectomy does not alter a man's libido or the process of ejaculation. It simply removes sperm from a man's semen.



**FACT –** Vasectomy is a simple and minor 15–30-minute procedure performed in an outpatient setting and is often accomplished today with no scalpel or stitches required.

MYTH – Vasectomy Increases Prostate Cancer Risk

**FACT –** There is no clinical, scientific evidence to indicate that a vasectomy increases a man's prostate or testicular cancer risk.

